

North West 10k 2015

Place	Bib	Name	Sex	Category	Club	Gun	Chip
1	283	Eoghain Mc Ginley	m	SM	Rathfarnham	33:07,6	33:06,9
2	282	Ivan Toner	m	SM	Letterkenny A.C.	33:43,1	33:42,4
3	1001	Danny Mooney	m	SM	Letterkenny A.C.	33:57,1	33:56,4
4	215	Mark Mc Paul	m	SM	Finn Valley A.C.	35:01,5	35:00,7
5	912	Sean Murphy	m	M40	Trim AC	35:06,2	35:06,2
6	237	Ciaran Mc Gonigle	m	SM	Rosses AC	35:07,0	35:07,0
7	810	Daniel Hannigan	m	SM	LK AC	35:11,0	35:10,0
8	1102	Dermot McElhinney	m	M40	City of Derry AC	35:16,1	35:16,1
9	539	Gavin Cranford	m	SM	Triathlon 24/7	35:18,6	35:18,0
10	1002	Natasha Adams	f	SF	Letterkenny A.C.	35:21,0	35:21,0
11	1016	Pauric Breslin	m	SM	Letterkenny A.C.	35:40,2	35:39,8
12	1006	Michael Black	m	SM	Finn Valley A.C.	35:59,4	35:59,4
13	758	Malcolm Mc Gee	m	SM	Inishowen	36:15,8	36:15,8
14	722	Shaun Stewart	m	SM		36:19,7	36:19,7
15	789	Kevin Mc Gee	m	M40	Rosses AC	36:32,3	36:32,3
16	136	Shane Mc Nulty	m	SM	Finn Valley A.C.	36:36,3	36:35,2
17	386	James McFadden	m	SM		36:39,7	36:38,7
18	806	Colin Mc Nulty	m	M40	Finn Valley	36:40,3	36:40,3
19	1064	Jim Harkin	m	SM	Inishowen A.C.	36:45,7	36:43,8
20	803	Dermot Mc Elchar	m	SM	Finn Valley	36:56,4	36:56,4
21	532	Aidan Callaghan	m	SM	Triathlon 24/7	36:57,5	36:56,2
22	1142	David Porter	m	SM	Inishowen A.C.	36:58,8	36:56,7
23	617	Simon Ward	m	SM		37:19,2	37:18,0
24	567	Raymond Birch	m	SM	Letterkenny A.C.	37:25,7	37:24,7
25	632	Gareth Kerrigan	m	SM	Milford AC	37:26,1	37:23,4
26	507	Michael Logue	m	M40	Rosses AC	37:34,9	37:33,2
27	378	Liam Doherty	m	SM	Cranford AC	37:36,0	37:34,8
28	363	Kieran McElhinney	m	SM		37:38,4	37:36,0
29	499	Pat Hegarty	m	M50	Finn Valley A.C.	37:41,1	37:40,3
30	901	Paul Mc Intyre	m	SM		37:44,4	37:44,4
31	596	Brian Ferry	m	SM	Letterkenny A.C.	37:45,3	37:44,0
32	598	Kevin Ferry	m	M40	Letterkenny A.C.	37:46,3	37:45,0
33	443	Barry Meehan	m	SM	Letterkenny A.C.	37:47,6	37:46,3
34	773	Gavin Stevenson	m	SM	City Of Derry	37:54,4	37:54,4
35	85	Gary Thomas	m	M45		38:06,7	38:05,0
36	669	Garvin Walker	m	SM	Letterkenny A.C.	38:25,3	38:25,3
37	269	Dara Mc Nulty	m	M40	Foyle Valley AC	38:26,7	38:25,6
38	106	Tom Thompson	m	M45	Finn Valley A.C.	38:27,5	38:26,6
39	1022	John Conlon	m	SM	Letterkenny A.C.	38:28,3	38:26,9
40	608	Darren Price	m	SM	Letterkenny A.C.	38:28,9	38:27,6
41	843	Gerald Mc Granagha	m	SM	Letterkenny A.C.	38:29,6	38:28,6
42	572	Fionnuala Diver	f	SF	Letterkenny A.C.	38:31,0	38:29,9
43	904	Eddie Sweeney	m	SM	Cranford AC	38:34,4	38:34,4
44	97	Barry Coyle	m	SM		38:39,0	38:34,4
45	504	Seamus Kelly	m	SM	Ballymenna Runners	38:45,9	38:45,9
46	872	Catherine Whoriskey	f	SF	City Of Derry	38:46,6	38:43,6
47	185	Edward Harkin	m	SM	Rosses AC	38:50,3	38:48,8

48	512	Anthony Doherty	m	M45	Milford AC	39:00,6	38:57,9
49	884	Ciaran Bannan	m	SM	Letterkenny A.C.	39:04,4	38:58,1
50	663	Shauna Mc Geehan	f	SF	Letterkenny A.C.	39:04,8	39:03,9
51	700	Kieran Crawford	m	SM	LK AC	39:28,3	39:28,3
52	1069	Neal Higgins	m	SM		39:34,5	39:33,2
53	745	Cathal Trimble	m	SM		39:37,6	39:25,2
54	157	Pauline Russell	m	SM		39:38,0	39:35,1
55	929	Peter O Donnell	m	SM	24/7.	39:39,1	39:33,9
56	307	Ben George	m	M40	Letterkenny A.C.	39:42,5	39:40,5
57	593	Paul Dillion	m	M40	Newtown	39:48,7	39:47,7
58	682	Paul Matthews	m	SM	Newbridge AC	39:53,8	39:47,0
59	607	Michael Duffy	m	SM		40:00,1	39:59,1
60	737	Brian Crossan	m	SM		40:06,5	40:02,3
61	1027	Ronan Doherty	m	SM	Inishowen A.C.	40:07,8	39:58,6
62	723	Paul Dillon	m	SM	24/7.	40:14,5	40:13,4
63	242	Joe Gallagher	m	M40	Milford AC	40:23,2	40:20,6
64	559	Jackie Mc Ginley	f	F45	City of Derry	40:27,9	40:27,9
65	407	Daniel Cullen	m	SM	Letterkenny A.C.	40:33,0	40:31,3
66	469	Kenny O' Donnell	m	M40	Finn Valley A.C.	40:35,8	40:33,7
67	856	Sean Boyce	m	SM		40:40,1	40:40,1
68	770	Conor Gallagher	m	SM	Lifford A.C.	40:45,1	40:45,1
69	727	Kiaren O Donnell	m	M45	Letterkenny A.C.	40:48,2	40:48,2
70	775	Emmett Deery	m	SM	City Of Derry	40:49,5	40:49,5
71	859	Peter Lilburn	m	M60	City of Derry	40:55,2	40:51,7
72	266	Sínead Peoples	f	SF	Letterkenny A.C.	40:55,3	40:54,0
73	388	Frankie Lavelle	m	M40	Inishowen A.C.	40:57,4	40:53,8
74	558	Oran Mc Bride	m	M45	City of Derry	40:59,3	40:56,3
75	695	Marcus Mc Clintock	m	M40	Letterkenny A.C.	40:59,7	40:55,7
76	317	Barry Chambers	m	SM	Finn Valley A.C.	41:00,0	40:58,8
77	694	Paddy McNamee	m	M50		41:01,6	40:59,3
78	547	Marina Murphy	f	SF	City of Derry	41:06,1	41:04,1
79	1045	Finbarr Gallagher	m	M45	Inishowen A.C.	41:15,3	41:08,1
80	921	Mark Gillen	m	SM		41:16,9	41:12,3
81	332	Colm Mc Elwaine	m	SM		41:25,6	41:22,4
82	99	Noel Whoriskey	m	SM		41:27,4	41:10,2
83	764	Damian O Donnell	m	SM	Kur AC	41:29,4	41:20,9
84	692	Karim Maguella	m	SM		41:30,5	41:18,8
85	115	John Mc Glinchey	m	M45	Finn Valley A.C.	41:33,5	41:31,3
86	1115	John Taylor	m	M50	Convoy AC	41:35,8	41:29,6
87	225	Garvan Boyce	m	M40	Finn Valley A.C.	41:38,5	41:37,1
88	887	Fergal Mc Gee	m	SM	Rosses AC	41:38,9	41:27,1
89	221	David Harvey	m	SM	Speer Performance	41:39,3	41:36,0
90	275	Ryan Jordan	m	SM		41:40,5	41:35,7
91	898	Gordon Thompson	m	SM		41:43,0	41:25,0
92	1012	Brendan Boyle	m	M50	Killybegs A.C.	41:43,9	41:33,3
93	555	Peter Kardos	m	M40		41:44,6	41:43,1
94	308	Pauric George	m	SM	Carlow	41:45,6	41:43,1
95	402	Raymond Mc Gahey	m	M45		41:47,8	41:44,2
96	523	Sarah Kievelehan	f	SF	City of Derry	41:48,3	41:43,7
97	831	Donal Haughey	m	M60	Tirchonail AC	41:49,6	41:46,5

98	805	Patrick Brennan	m	SM		41:51,1	41:45,4
99	52	Adrian Gill	m	SM	UnitedHealthGroup	41:52,8	41:45,0
100	1087	Daniel Mannion	m	SM		41:56,6	41:56,6
101	732	Collie O Donnell	m	M40	Letterkenny A.C.	42:03,8	42:02,1
102	500	Joe Hegarty	m	M50	Finn Valley A.C.	42:05,0	42:01,5
103	320	Kevin Mc Menamin	m	SM	Lifford A.C.	42:05,6	42:03,5
104	760	Helena Crossan	f	F45	Inishowen A.C.	42:07,7	42:07,7
105	51	Kieran Coyle	m	sm	UnitedHealthGroup	42:08,7	42:07,9
106	583	John Mc Fadden	m	SM		42:09,6	42:06,5
107	57	Kieran McMonagle	m	SM	UnitedHealthGroup	42:11,3	42:03,9
108	1029	Mark Doherty	m	M45	Inishowen A.C.	42:16,3	42:06,7
109	798	Paul Cullen	m	SM	247	42:17,1	42:17,1
110	193	Liam Mac Giolla Bhríde	m	SM		42:19,3	42:17,6
111	664	Irene Mc Fadden	f	SF	Letterkenny A.C.	42:21,3	42:19,4
112	822	Michael Gallagher	m	M40	Finn Valley	42:24,0	42:18,2
113	687	Martin Mc Ginley	m	M40		42:28,3	42:28,3
114	651	Frances Judge	f	F45	Letterkenny A.C.	42:29,3	42:27,7
115	628	Donal Clancy	m	SM		42:30,1	42:23,3
116	56	Ciaran Mc Glynn	m	SM		42:32,3	42:28,1
117	486	Peter Mc Menamin	m	SM		42:35,4	42:33,5
118	516	Eddie Mc Menamin	m	M50	Finn Valley A.C.	42:38,2	42:36,0
119	485	Manus Mc Bride	m	M45		42:40,1	42:37,5
120	506	Anthony Mc Daid	m	SM		42:50,6	42:48,4
121	281	Jane Mc Ginley	f	SF		42:51,7	42:49,6
122	1095	Eddie Mc Daid	m	SM		42:54,1	42:46,2
123	1199	Paul Lee	m	M45	Letterkenny A.C.	42:57,1	42:53,5
124	96	Jonathon Edwards	m	SM	24/7 Triathlon	43:11,3	43:07,8
125	279	Michael Mc Ginty	m	M45		43:13,1	43:06,3
126	425	Serena Mc Daid	f	SF	Letterkenny A.C.	43:17,9	43:15,3
127	938	Mitchell Mc Laughlin	m	SM	Finn Valley	43:20,9	43:15,5
128	303	Mark Daly	m	M40		43:23,4	43:19,3
129	536	Barry Mackey	m	M50	Letterkenny A.C.	43:24,7	43:23,1
130	268	Gerard Callaghan	f	M40		43:27,7	43:24,7
131	1114	Martin McLucas	m	M45		43:30,2	43:21,2
132	395	Gavin Toner	m	SM		43:32,4	43:29,7
133	471	Gavin Harris	m	M40	Triathlon 24/7	43:34,8	43:31,9
134	903	Anthony Sweeney	m	SM	Cranford AC	43:38,8	43:32,8
135	832	Michael Burke	m	SM		43:40,6	43:32,7
136	614	Darren Beecroft	m	M45	Letterkenny A.C.	43:43,2	43:41,1
137	557	Michael Galvin	m	M40	Letterkenny A.C.	43:44,8	43:42,4
138	769	Eamon Sherry	m	SM		43:48,6	43:40,8
139	171	Noel Mc Garvey	m	M40		43:50,1	43:47,0
140	548	Johnny Watson	m	SM		43:51,4	43:48,8
141	1004	Derek Alcorn	m	M45		43:52,3	43:45,5
142	519	Chris Taylor	m	M40		43:55,8	43:53,8
143	675	Fergal Friel	m	M40		43:55,9	43:50,7
144	387	Liam Mc Kinney	m	M40	Inishowen A.C.	43:56,0	43:51,6
145	853	Martin Donnelly	m	M40		44:01,2	43:56,9
146	888	Denis Falkner	m	M40	Rosses AC	44:03,2	43:51,1
147	1039	Richard Finney	m	SM		44:04,9	43:51,4

148	582	Hugh Coll	m	M40	Milford AC	44:08,4	44:04,3
149	355	Kieran Murray	m	SM		44:08,4	44:03,4
150	930	Joe Carlin	m	M45	KCR	44:10,4	43:54,0
151	653	Kirstie Mc Elwaine	f	SF	Triathlon 24/7	44:10,5	44:08,1
152	358	Seamie Nallen	m	SM		44:16,8	44:09,5
153	77	Mark Mc Fadden	m	M40		44:19,5	44:12,5
154	650	Ronan Gildea	m	SM		44:21,2	44:13,8
155	894	Adrian Gaffey	m	SM		44:21,4	43:52,9
156	453	Leonard Boyce	m	SM		44:22,2	43:41,1
157	220	Gerard Dorrian	m	M50	Milford AC	44:22,7	44:12,8
158	212	Richard Mc Neill	m	M40	Milford AC	44:22,7	44:16,9
159	783	Ray Mc Groy	m	M40		44:22,9	44:20,7
160	289	James Whoriskey	m	SM	Milford AC	44:23,2	44:18,2
161	883	Seamus Morrison	m	M45	Letterkenny A.C.	44:23,9	44:14,0
162	342	John Mc Carron	m	M45		44:24,1	44:20,5
163	417	Philip Boyle	m	M45	Letterkenny A.C.	44:25,2	44:22,0
164	120	Adrian Devine	m	SM	Castlefinn Running	44:25,6	44:19,9
165	767	Paul Doherty	m	SM		44:28,1	44:23,6
166	305	Eoin George	m	SM		44:28,5	44:26,3
167	524	Hugh Duffy	m	SM	Cranford AC	44:29,1	44:19,5
168	451	Mark Canning	m	SM		44:31,3	44:20,2
169	766	Karl Sweeney	m	SM	24/7.	44:33,5	44:25,9
170	408	Naoise Enright	m	SM	Letterkenny A.C.	44:34,6	44:31,0
171	1017	Stephen Byrne	m	SM		44:37,3	44:28,8
172	525	Kevin Toner	m	M60	Letterkenny A.C.	44:41,9	44:39,0
173	177	Martin Fagan	m	SM		44:43,1	44:36,9
174	246	Philip Browne	m	M40		44:45,6	44:37,8
175	782	Rodley Irwin	m	M40		44:47,8	44:39,4
176	1100	Joe Mc Nulty	m	M45		44:54,8	44:50,4
177	772	Tony Hegarty	m	M45		44:55,1	44:42,3
178	335	Stephan Roarty	m	SM		44:55,6	44:52,1
179	304	Dermot Gallagher	m	M40		44:56,9	44:24,7
180	1071	Iggy Houston	m	M50		44:57,8	44:53,9
181	899	Craig Magee	m	SM	Letterkenny A.C.	44:58,6	44:33,9
182	875	Nick North	m	M50		44:58,9	44:48,0
183	311	Damien Patton	m	SM		44:59,0	44:49,2
184	666	Eoin Waters	m	SM		45:01,1	44:53,6
185	886	Niall Griffen	m	M45	Rosses AC	45:03,8	45:00,2
186	414	Patrick Solan	m	SM		45:08,2	45:06,3
187	1124	Kieran Murray	m	SM		45:08,3	45:08,3
188	321	Colette McElwaine	f	F40	Milford A.C.	45:14,1	45:09,1
189	579	Tricia Nulty	f	F45	Milford AC	45:14,1	45:09,3
190	931	Declan Mc Groary	m	SM	St Naul's Runners	45:17,3	45:02,3
191	744	Lee Gildea	m	SM	Letterkenny A.C.	45:22,2	45:22,2
192	98	Noel Kilpatrick	m	SM	Milford AC	45:24,3	45:19,8
193	13	Gary Neely	m	M40		45:24,6	45:20,9
194	371	Pauric Mc Ginty	m	SM		45:25,6	45:25,6
195	313	Paddy Mc Ateer	m	SM		45:30,3	45:16,7
196	939	Gavin Meenan	m	SM		45:31,3	45:24,7
197	374	Adrian Callaghan	m	M40		45:32,0	45:26,3

198	869	Helen Kennedy	f	F45	LYIT	45:32,4	45:15,5
199	466	Sean Crossan	m	M40	Finn Valley A.C.	45:32,4	45:29,0
200	383	Hugh Ferry	m	M40	Milford A.C.	45:36,1	45:36,1
201	454	Tommy Mc Bride	m	SM		45:37,7	45:29,0
202	398	Michael Shiels	m	SM	Triathlon 24/7	45:38,7	45:33,7
203	424	Gerard Cranford	m	M40	Lifford A.C.	45:39,4	45:35,3
204	1081	Janeen Leese	f	SF	City of Derry AC Spart	45:39,6	45:34,6
205	802	Ton Bangert	m	M60	Lifford A.C.	45:41,7	45:39,4
206	686	James Carlin	m	M40	Olympian AC	45:42,5	45:15,5
207	226	Noreen Bonner	f	F50	Finn Valley A.C.	45:43,3	45:41,4
208	1041	Barry Freel	m	SM	Blayney Rockets A.C.	45:44,5	45:30,6
209	673	Dermott Diver	m	SM		45:46,0	45:34,2
210	890	Declan Connolly	m	SM	Mucklow	45:46,5	45:26,2
211	1140	Gareth O'Donnell	m	SM		45:50,1	45:40,9
212	716	Terence Diver	m	M45		45:51,5	45:41,6
213	264	Patrick Mc Gee	m	SM		45:52,6	45:48,8
214	263	Emma Mc Gee	f	SF	Triathlon 24/7	45:52,7	45:49,3
215	913	Paddy Gallagher	m	SM	Lifford A.C.	45:53,4	45:48,7
216	147	Chris Ashmore	m	M45	Run4Fun	45:55,0	45:45,3
217	273	Gerard Mc Connell	m	SM		45:56,6	45:53,8
218	763	Cormac Quinn	m	SM	Curris Elite	45:57,9	45:49,7
219	1160	Michael Walsh	m	M45	Enniskillen RC	45:59,4	45:57,5
220	589	Darren Wasson	m	SM		46:00,1	45:42,5
221	1159	Linda Walsh	f	F45	Enniskillen RC	46:01,2	45:57,1
222	840	Dermot Mc Ginley	m	SM		46:06,7	45:49,8
223	854	Patrick Mc Daid	m	M45	Lifford fir 4 life	46:07,3	46:03,9
224	908	Dermot Mc Bride	m	SM		46:11,0	46:04,8
225	753	Martin Mc Cafferty	m	SM		46:12,1	46:09,3
226	652	Seamus Gallagher	m	M50	Letterkenny A.C.	46:13,7	46:11,5
227	214	Mathew Horner	m	M40		46:15,3	45:51,7
228	556	Liam Ferry	m	SM		46:16,6	46:08,3
229	325	Karin Duffner	f	F40	Finn Valley A.C.	46:17,0	46:11,5
230	315	Gerard Mullen	m	M40	Letterkenny A.C.	46:19,6	46:17,1
231	1075	Sean Kennedy	m	SM		46:20,6	46:05,1
232	877	Martin Mc Glinchey	m	SM	Convoy AC	46:23,4	45:55,0
233	560	Paula Mc Gilloway	f	F50	City of Derry	46:25,9	46:20,8
234	1118	Trina Mhic Dhonaill	f	F40	Inishowen A.C.	46:27,3	46:18,2
235	528	Conor Boyce	m	M40		46:28,5	46:18,5
236	825	Paul Stewart	m	SM		46:29,7	46:23,5
237	943	Keith Patton	m	SM		46:29,9	46:24,9
238	119	Shane Deery	m	M40	Castlefinn Running	46:30,4	46:24,7
239	1011	James Boyle	m	SM		46:31,5	46:14,9
240	410	David Connors	m	SM		46:36,1	46:31,8
241	739	PJ Mc Menamin	m	SM		46:41,0	46:14,1
242	230	Martin O' Donnell	m	M45		46:43,9	46:43,9
243	838	Mark Trayers	m	M40		46:44,2	46:39,1
244	672	Adrian Mc Garvey	f	SF		46:45,2	46:38,0
245	1132	Christopher O Loughlin	m	SM		46:45,6	46:37,5
246	1099	James Mc Laughlin	m	M50		46:48,5	46:39,2
247	849	Patrick Mc Namee	m	SM		46:49,2	46:24,9

248	1153	Shaun Sweeney	m	M50		46:49,5	46:43,1
249	575	Aisling Diver	f	SF	Rosses AC	46:49,5	46:35,2
250	645	Cathal Mc Ginley	m	SM		46:52,0	46:33,7
251	274	Martin Jordan	m	SM		46:54,7	46:45,0
252	1058	Jason Graham	m	SM	Tír Chonaill A.C.	46:55,3	46:44,4
253	595	Brian O' Donnell	m	M40		46:57,7	46:57,7
254	706	Paul Sweeney	m	M40	Letterkenny A.C.	47:01,6	46:54,5
255	1067	Daniel Hewett	m	SM	Milford A.C.	47:03,0	46:58,5
256	691	Damian Daly	m	SM		47:08,1	46:51,3
257	1150	Eoin Sheehy	m	SM	Milford A.C.	47:10,5	47:01,2
258	340	Damien Murphy	m	SM		47:10,6	47:03,9
259	1146	Michael Rodgers	m	M45	Rosses A.C.	47:10,8	47:07,2
260	1122	Donal Mulholland	m	M40		47:11,8	46:54,7
261	166	John Hughes	m	M50	Letterkenny A.C.	47:12,0	47:05,0
262	411	Roy Hunter	m	M50		47:12,8	47:06,6
263	288	Seamus Ferry	m	M40	Rosses AC	47:16,2	47:12,9
264	1010	Noel Boyd	m	M40	Rosses A.C.	47:16,7	47:03,6
265	1047	Kevin Gallagher	m	M45		47:26,4	47:14,6
266	871	Dominic Carlin	m	M40	Lifford A.C.	47:31,0	47:26,5
267	934	Paul Mc Daid	m	M40		47:32,1	46:55,3
268	434	Eugene Mc Ginley	m	SM	Finn Valley A.C.	47:36,5	47:31,0
269	797	Paddy Donaghey	m	SM		47:37,0	47:26,4
270	717	Paul Harris	m	m45		0:47:37,17	0:47:37,17
271	141	Kenneth Moore	m	M45	Milford A.C.	47:38,1	47:27,6
272	1066	Pauline Henry	f	SF	Sligo A.C.	47:38,2	47:26,9
273	937	Brian Mc Daid	m	SM		47:40,0	47:03,8
274	748	John Coyle	m	M45		47:42,2	47:32,9
275	90	Karen Higgins	f	SF		47:42,9	47:22,3
276	568	Danny Mc Daid	m	SM	Triathlon 24/7	47:45,0	47:41,9
277	472	Paddy Gildea	m	SM	Convoy AC	47:45,5	47:39,6
278	852	Paul Woods	m	M50	Rothwell Harness	47:47,0	47:41,2
279	448	Stephan Cunningham	m	SM		47:47,7	47:28,2
280	1024	Owen Coyle	m	M50	Rosses A.C.	47:49,4	47:37,8
281	522	Una Galvin	f	F50	City of Derry	47:49,6	47:45,3
282	756	Charmian O'Brien	f	SF	Finn Valley	47:50,9	47:47,4
283	603	Mel Mc Kinney	m	M40		47:51,9	47:32,1
284	611	Johnny Toner	m	SM		47:53,1	47:21,3
285	21	P.J. Lyons	m	SM		47:54,6	47:27,7
286	492	Paddy Mc Cambridge	m	M50	North Belfast	47:55,5	47:49,2
287	534	Noel Mc Cormick	m	SM		47:56,1	47:51,4
288	322	James Doherty	m	M60	Milford A.C.	48:00,6	47:57,8
289	1079	Mark Lafferty	m	SM		48:01,9	47:43,3
290	941	Stewart Murphy	m	SM		48:07,9	47:59,2
291	360	Maria Mulligan	f	SF		48:10,2	47:30,6
292	479	Ronan Brophy	m	M50	Letterkenny A.C.	48:11,0	48:05,7
293	256	John Foy	m	M40		48:12,4	47:31,6
294	784	Glen Mc Gee	m	SM		48:12,8	47:51,6
295	892	Frances Gallinagh	f	SF		48:13,3	48:04,5
296	418	Ciaran Liddy	m	SM	Letterkenny A.C.	48:16,2	48:09,8
297	172	Benny Mc Dermott	m	sm		0:48:19,04	0:48:19,04

298	495	Ita Mc Cambridge	f	F50	North Belfast	48:19,9	48:17,1
299	272	Barry Cox	m	SM		48:20,9	48:14,5
300	527	Damien Mc Goohan	m	SM	Triathlon 24/7	48:21,4	48:14,8
301	1063	Paddy Hannigan	m	M50		48:21,6	47:51,4
302	597	Peter Gallagher	m	SM		48:21,9	48:10,0
303	205	Patrick Mc Hugh	m	SM	Fit4Fun	48:22,1	48:18,0
304	1089	James Mc Bride	m	M60		48:23,1	48:15,2
305	537	Angus Hunter	m	M45		48:24,0	48:20,4
306	174	Patrick Ferry	m	M40		48:24,3	48:10,9
307	284	Eoghan O' Colla	m	SM		48:24,6	48:13,7
308	638	John Anthony Mullen	m	M45		48:27,8	48:18,5
309	615	Don Smith	m	M50	Convoy AC	48:30,6	48:24,8
310	684	Pat Brady	m	M50	24/7	48:30,7	48:09,5
311	203	Edward Gallagher	m	M40	Fit 4 Fun	48:32,2	48:27,4
312	204	Patrick Mc Geever	m	SM	Fit 4 Fun	48:32,4	48:27,0
313	361	Sammy Johnston	m	M40	Triathlon 24/7	48:35,6	48:31,5
314	416	Patrick Mc Nulty	m	SM		48:35,7	48:27,1
315	550	Jonathon Harkin	m	SM		48:36,3	48:31,8
316	804	Catherine Moran	f	F50	Finn Valley	48:43,8	48:39,6
317	474	Patrick Sharkey	m	SM		48:54,5	48:31,9
318	429	Shauna Kerr	f	SF		48:57,7	48:50,1
319	724	Ciara Cunningham	f	SF		49:00,1	48:50,2
320	529	Paul Catterson	m	SM		49:00,7	48:40,5
321	348	Rodney Bates	m	SM		49:01,5	48:40,6
322	936	Mark Mc Daid	m	SM		49:03,2	48:26,6
323	893	Dominic Gildea	m	M40		49:05,6	48:46,4
324	600	Lynn Cranford	f	SF		49:07,6	48:31,7
325	819	Rachel Doherty	f	F40		49:08,8	49:04,3
326	855	John Mc Elwaine	m	SM	Lifford A.C.	49:16,0	49:03,8
327	197	Martin Wilson	m	M40	Rosses AC	49:18,4	49:00,7
328	195	Edward Wilson	m	SM	Rosses A.C.	49:18,4	48:59,4
329	196	John Paul Wilson	m	SM	Rosses A.C.	49:18,4	48:59,7
330	158	Marion Kerr	f	SF	Letterkenny A.C.	49:20,8	49:18,2
331	89	John Hegarty	m	M40		49:21,4	49:02,4
332	549	Ann Harkin	f	SF		49:26,5	49:21,8
333	868	Pierse Loughran	m	SM		49:26,7	49:13,0
334	944	Adam Speer	m	SM	Finn Valley	49:26,8	48:57,0
335	848	Catherine Loughran	f	SF		49:26,9	49:11,4
336	419	David Mc Dyre	m	SM		49:28,7	48:57,8
337	433	Brendan Patton	m	M50	Finn Valley A.C.	49:28,7	49:07,1
338	719	Rory Reynolds	m	SM		49:29,7	49:16,8
339	463	Hugh Allan	m	M50		49:30,3	48:52,3
340	1143	Dermot Quinn	m	SM		49:30,8	49:11,9
341	53	Rod Toner	m	M40	UnitedHealthGroup	49:37,7	49:31,9
342	571	Deridre Diver	f	SF	Letterkenny A.C.	49:38,6	49:36,8
343	526	Amanda Mc Brearty	f	SF	Castlefinn Runners	49:39,5	49:33,5
344	728	Robert Kavanagh	m	M45	4 Masters	49:39,8	49:25,9
345	145	Paul Gillen	m	M45		49:41,4	49:14,9
346	1161	John Ward	m	SM	Milford A.C.	49:41,7	49:36,5
347	1056	Kevin Glackin	m	M40		49:45,1	49:30,3

348	533	Jonathon Scanlon	m	SM		49:47,3	49:31,2
349	1130	Fintan O Hagan	m	M45		49:48,3	49:43,0
350	1049	Padraig Gibbons	m	M50		49:52,1	49:27,1
351	622	Francesca Patton	f	SF		49:53,1	49:48,9
352	430	Mark Donaghey	m	M40	Lifford A.C.	49:57,9	49:47,8
353	489	Eilish Mc Clafferty	f	SF		49:58,3	49:38,3
354	375	Ruth Doherty	f	F40	Inishowen A.C.	50:00,2	49:50,4
355	781	Derek Brennan	m	SM	Finn Valley	50:00,5	49:45,0
356	1034	Paul Ferns	m	M45		50:11,1	49:29,3
357	84	John Cannon	m	M40		50:13,4	49:54,9
358	406	Mick O' Donnell	m	SM		50:15,9	50:01,1
359	824	Lee Mc Hugh	m	SM		50:16,3	50:01,2
360	380	Patrick Mc Dermott	m	M40		50:16,7	49:59,4
361	834	Tracy Harley	f	F40	Inishowen A.C.	50:17,7	50:07,4
362	4	Daniel Patton	m	SM		50:18,2	49:58,5
363	475	Francis Diver	m	M40	Milford AC	50:22,0	49:55,5
364	815	Brian Doherty	m	SM	Milford AC	50:23,2	50:20,3
365	816	Siobhan Kenny	f	SF	Titan Fit	50:23,4	50:20,8
366	10	Nat Doherty	m	M40	Milford A.C.	50:24,4	49:50,5
367	88	Graham Sterritt	m	SM		50:25,9	50:19,0
368	795	James Meehan	m	M45		50:26,7	49:55,1
369	566	Brian Hegarty	m	SM		50:26,7	50:03,2
370	857	Terence Quinn	m	M50	Raphoe RR	50:27,2	50:19,6
371	373	Eoghan Gleeson	m	SM		50:28,2	50:18,5
372	639	Marie Mullen	f	F45		50:28,8	50:19,7
373	823	Packie Bonner	m	M45		50:30,0	49:56,2
374	143	Ross Harvey	M	SM		0:50:32,34	0:50:32,34
375	298	Pauric Mc Bride	m	M45		50:32,4	50:03,9
376	59	Nicholas Nelis	m	SM	UnitedHealthGroup	50:33,2	49:43,9
377	915	Paul O Gara	m	M40		50:33,2	50:23,0
378	350	Shaun O' Donnell	m	M50	Swanlings	50:34,3	50:29,8
379	310	Eric Pierce	m	M50		50:36,7	50:19,9
380	661	Padraig Monaghan	m	SM		50:36,9	50:12,9
381	1003	Niamh Mc Daid	f	SF		50:39,0	50:08,5
382	1098	Peter Mc Kinney	m	M50	Inishowen A.C.	50:40,4	50:31,4
383	1074	Maurice Kelly	m	M40		50:41,0	50:27,1
384	920	Liam Grant	m	SM		50:43,0	50:25,7
385	1015	Eugene Boyle	m	M45	Finn Valley A.C.	50:43,4	50:37,7
386	142	Teresa Winston	f	SF	Milford AC	50:44,5	50:23,7
387	1021	Martin Carey	m	M45		50:45,0	50:24,3
388	170	John Mc Dermott	m	M50	Letterkenny A.C.	50:45,7	50:39,1
389	1104	Pauric McGinty	m	M45		50:46,0	50:13,9
390	487	Ian Melly	m	M45		50:46,2	50:27,6
391	228	Keith Fletcher	m	M50	Triathlon 24/7	50:48,6	50:31,6
392	917	Margo Gallinagh	f	SF		50:49,8	50:40,2
393	137	Clara Carroll	f	SF	Finn Valley A.C.	50:50,1	50:43,4
394	791	Conor Mc Laughlin	m	SM		50:50,1	50:31,7
395	641	Gareth Gibson	m	SM		50:50,5	50:39,1
396	366	Katie Carr	f	SF		50:54,8	50:17,5
397	370	Tara Carron	f	SF		50:55,9	50:22,1

398	842	Paul Kelly	m	SM	24/7.	50:56,3	50:29,8
399	249	Danny Sharkey	m	M50	Letterkenny A.C.	50:57,6	50:47,9
400	188	Bryan Kelly	m	SM		51:00,2	50:35,8
401	189	Glen Gallagher	m	SM		51:00,4	50:36,2
402	655	Tom Dillion	m	SM	Kerry Crusaders	51:04,7	50:37,7
403	585	Eoin Fogarty	m	M45		51:05,2	50:48,8
404	1040	Donal Fowley	m	M45		51:06,2	50:52,3
405	462	John Noel Devenny	m	SM		51:08,8	50:52,8
406	671	Brian Duffy	m	M40		51:11,0	50:58,5
407	343	Caroline Mc Elwaine	f	SF		51:11,6	50:50,9
408	341	Damien Mc Bride	m	SM		51:12,5	50:51,8
409	569	Nigel Black	m	SM		51:12,9	50:52,3
410	509	Ciaran Mc Hugh	m	SM		51:13,0	50:52,5
411	306	Willie Barron	m	SM		51:13,0	50:29,5
412	501	Ciaran Doherty	m	SM	UnitedHealthGroup	51:14,0	51:02,6
413	564	Caroline Mc Nulty	f	SF	Finn Valley A.C.	51:16,6	51:10,9
414	5	Rodney Lindsay	m	SM		51:18,3	51:00,3
415	861	Noel Mc Nulty	m	M50	Lifford fit 4 life	51:19,2	51:09,3
416	49	Michael Kelly	m	SM	UnitedHealthGroup	51:21,1	51:11,1
417	933	Jerome Mc Elchar	m	SM		51:21,7	50:56,0
418	468	Audrey Parke	f	F45		51:21,7	51:12,2
419	916	Attracta Gallinagh Mc Bride	f	SF		51:27,4	51:17,3
420	880	Ursula Coyle	f	F40	Lifford A.C.	51:28,6	51:18,9
421	72	Neil Mc Gee	m	M40		51:29,9	51:16,5
422	535	Elaine Murray	f	SF		51:30,7	51:19,4
423	538	Doherty Stephan	m	SM		51:31,1	51:20,4
424	467	Steven Parke	m	M50		51:33,6	51:25,0
425	480	Mary Kelly	f	F40		51:34,0	51:25,8
426	60	Eamonn Diver	m	M45		51:43,6	51:15,3
427	511	Philip Connolly	m	M60	Letterkenny A.C.	51:44,4	51:17,8
428	347	Finma Bates	f	SF	Convoy AC	51:44,6	51:28,6
429	1072	Joe Hyland	m	SM		51:45,6	51:16,0
430	19	Damian Doherty	m	SM	Fit Hub	51:47,3	51:35,3
431	693	Aidan Roarty	m	SM		51:48,3	51:47,8
432	1044	Charles Gallagher	m	SM		51:48,8	51:20,4
433	153	Eamon Coyle	m	SM		51:50,4	51:50,4
434	1110	Mark McLaughlin	m	SM		51:51,4	51:15,0
435	190	Damien McGlynn	m	SM		51:54,7	51:14,6
436	1051	James Gibbons	m	M50	Milford A.C.	51:55,2	51:38,8
437	139	Bernie Gallagher	f	SF	Milford A.C.	51:55,4	51:38,8
438	862	Jonathan Jacob	m	SM		51:55,6	51:31,2
439	213	Louise Mc Keague	f	F40		52:01,6	51:38,2
440	1516	Laura Black	f	SF		52:02,9	51:52,4
441	911	Jane Murphy	f	F45	Trim AC	52:04,5	51:47,0
442	385	Sharon Black	f	F40	Letterkenny A.C.	52:04,7	51:54,4
443	708	Colin Boyle	m	M40		52:04,9	51:24,1
444	1091	Stephen Mc Crory	m	M40		52:05,1	51:49,2
445	530	Armando Camacho	m	M40	Letterkenny A.C.	52:05,5	51:59,4
446	648	Gareth Ferry	m	SM		52:06,1	51:57,8
447	881	Aisling Mc Elwaine	f	SF		52:06,5	51:45,0

448	940	Claire Deasley	f	SF		52:07,2	51:58,5
449	610	Louchainn Harte	m	SM		52:07,7	51:34,6
450	351	Danien Mc Glynn	m	SM	Letterkenny A.C.	52:08,5	51:53,3
451	835	Terry Mc Devitt	m	SM		52:09,0	51:44,5
452	319	Liam Daly	m	M50	Lifford A.C.	52:10,8	52:07,5
453	731	Fiona Doherty	f	SF		52:11,3	51:47,7
454	621	Gordon Galbraith	m	SM	Convoy AC	52:13,1	51:54,2
455	1042	Gerry Friel	m	M40		52:13,6	51:40,4
456	493	Christopher Cuskelly	m	M40	Lifford A.C.	52:23,4	52:21,0
457	1030	Gloria Donaghey	f	F50	Finn Valley A.C.	52:24,7	52:20,4
458	833	Sonya Mc Grory	f	SF	Inishowen A.C.	52:32,4	52:21,7
459	801	Marian Bangert	f	F60	Lifford A.C.	52:32,8	52:28,0
460	125	Elaine Mc Goldrick	f	SF	Castlefinn Running	52:35,3	52:28,8
461	1013	Evelyn Boyle	f	F50		52:35,6	52:08,7
462	481	Michael Kelly	m	M40		52:36,4	52:27,4
463	850	Brandon Parke	m	SM		52:37,8	52:18,2
464	826	Glenda Kelly	f	SF	KCR	52:40,8	52:26,7
465	697	James Pat Mc Daid	m	SM		52:41,1	52:35,6
466	1133	Keri O Loughlin	f	SF		52:41,8	52:33,3
467	1158	Bill Vaughan	m	M45	Banbridge AC	52:42,0	52:22,1
468	1111	Paul McLaughlin	m	M50		52:42,2	52:23,7
469	1026	Paul Devine	m	SM		52:42,4	51:56,8
470	588	Michael Doherty	m	M50		52:44,3	52:32,4
471	117	Paul Harris	m	M45	4Masters	52:47,9	52:41,9
472	711	Ronan Mc Keever	m	M40		52:53,5	52:34,0
473	584	Paddy Mc Teague	m	M40		52:55,5	52:25,9
474	1131	Gregory O Loughlin	m	M50		52:56,2	52:47,4
475	594	Wendy Mc Donald	f	F40		52:57,1	52:31,2
476	1028	Catherine Doherty	f	SF		52:58,5	52:26,5
477	1148	Erika Ryan	f	SF		52:59,7	52:41,6
478	508	Martin O' Donnell	m	M45		53:02,7	52:17,6
479	339	Martina Mc Daid	f	SF		53:03,4	52:59,4
480	459	Paul Skinnader	m	M50		53:03,6	52:33,7
481	329	Yvonne Mc Laughlin	f	SF		53:03,7	52:29,0
482	396	Lindsey Toner	f	SF		53:05,7	52:44,5
483	397	Sean Toner	m	SM		53:06,5	52:45,6
484	178	Andrew Mathewson	m	SM		53:08,3	53:01,7
485	793	Michael Doherty	m	M45		53:10,2	52:38,6
486	394	Steven Chambers	m	SM		53:12,4	52:46,0
487	729	Adrian McAlaney	m	M45		53:12,7	52:43,4
488	624	Olivia Gillen	f	SF		53:14,5	53:10,3
489	787	Pat Pyrle	m	M50	Killybegs AC	53:15,7	52:57,0
490	1059	Leeroy Graham	m	SM	St. Coca's A.C.	53:17,5	53:06,7
491	768	Timmy Boyle	m	SM		53:18,5	53:07,0
492	330	Trevor Duncan	m	M45		53:20,3	52:39,7
493	365	Fabio Gallagher	m	SM		53:21,3	52:55,0
494	173	Kara Hegarty	m	SM		53:22,5	53:02,1
495	1023	Deborah Conroy	f	SF		53:23,8	53:13,9
496	1506	Aoife McGee	f	SF		53:24,2	52:50,1
497	240	Bernard Friel	m	M45		53:26,4	52:59,0

498	482	Tommy Doherty	m	M50	Drumoghill	53:27,1	52:58,5
499	187	Rosemary Mc Gee	f	F45	Milford A.C.	53:27,4	52:53,1
500	498	Joe Browne	m	M40		53:27,5	52:54,5
501	565	Racheal Bell	f	SF	Raphoe Road Runners	53:28,4	53:06,9
502	452	Daniel Canning	m	SM		53:29,2	53:18,2
503	296	Fiona McDaid	f	SF		53:29,8	53:26,2
504	124	Melanie Sweeney	f	SF	Castlefinn Running	53:30,1	53:24,1
505	338	Shaun Mc Daid	m	SM		53:30,4	53:30,4
506	926	Lenard Stewart	m	M50		53:38,0	53:24,1
507	121	Sabrina Spratt	f	SF	Castlefinn Running	53:40,2	53:33,8
508	705	James Coultee	m	SM		53:40,3	53:07,7
509	627	Hugo Blake	m	M50		53:40,7	53:18,5
510	83	Brian O'Donnell	m	M40		53:41,7	53:23,9
511	1137	Mairéad O'Connell	f	SF		53:43,5	53:21,0
512	299	Bridgeen Doherty	f	F40		53:45,4	53:30,6
513	151	Fintan Coyle	m	M45	UnitedHealthGroup	53:45,9	53:28,5
514	609	Yvonne O' Donnell	f	SF		53:50,5	53:21,5
515	405	Liam Mc Ginty	m	M45	Finn Valley A.C.	53:50,5	53:21,4
516	144	Teresa Winston	f	SF		0:53:50,64	0:53:50,64
517	131	Amanda Mc Nulty	f	SF	Triathlon 24/7	53:51,5	53:41,3
518	262	Anne Robinson	f	SF	Triathlon 24/7	53:56,3	53:45,6
519	837	Sharon Smith	f	SF	Inishowen	53:57,0	53:46,0
520	372	Sean Barrett	m	SM		53:58,8	53:33,7
521	251	Stephen Doherty	m	SM		53:59,3	53:26,5
522	191	Claire Molloy	f	SF		53:59,8	53:20,4
523	1149	Annette Sheehy	f	F40	Milford A.C.	54:00,8	53:40,4
524	160	Brian Doherty	m	M40	Swanlings	54:03,3	54:03,3
525	696	Angela Doran	f	F40		54:03,8	53:53,7
526	421	Claire Harkin	f	SF	Rushe Fitness	54:04,2	53:50,6
527	561	Gavin Gallagher	m	M40		54:04,4	53:47,3
528	657	Kieran Shiels	m	SM		54:04,9	53:22,4
529	101	Mary Martin	f	F60	Finn Valley A.C.	54:05,2	53:58,3
530	219	Cathy Harvey	f	F45	Speer Performance	54:06,4	53:50,8
531	613	Greg Mc Ardle	m	M40		54:08,0	53:39,6
532	541	Noreen Mc Shea	f	SF		54:10,6	54:05,0
533	442	Sínead Mc Dowell	f	SF	Run4Fun LK	54:11,6	53:56,3
534	885	Kathleen Griffen	f	F40	Rosses AC	54:11,6	54:06,3
535	324	Breda O'Hagan	f	F45		54:12,2	53:56,7
536	460	Paul Brady	m	M40		54:13,5	53:40,9
537	891	Noelle Gallinagh	f	SF		54:16,1	54:07,1
538	336	Paul Doherty	m	M45		54:16,2	53:45,5
539	337	Gerard Mc Daid	m	SM		54:16,2	53:45,1
540	714	Wesley Vance	m	M40		54:17,8	54:17,8
541	344	Marie Mc Ateer	f	SF		54:26,4	54:04,9
542	1108	Melissa McIntyre	m	SM	Inishowen A.C.	54:32,2	54:21,6
543	39	Conor Mc Garry	m	M40	Letterkenny A.C.	54:35,2	54:21,1
544	858	Raj Mehan	m	SM	Raphoe RR	54:35,4	54:28,3
545	1065	Alan Heneghan	m	M40		54:36,4	53:58,2
546	35	Tony Dickinson	m	M45	Kirkby Milers AC	54:36,5	54:21,9
547	34	Darren Unsworth	m	M40	Kirkby Milers AC	54:36,6	54:23,2

548	668	Nicola Harris	f	SF		54:36,7	54:18,6
549	37	Marc Jacques	m	M45	Liverpool Running Clu	54:37,2	54:24,3
550	33	Ian Broadhurst	m	M45	Knowsley Harriers AC	54:37,2	54:22,3
551	879	Jackie Mc Conalogue	f	SF		54:37,2	53:58,3
552	1109	Wesley McKane	m	SM	Finn Valley A.C.	54:37,7	54:24,8
553	38	James Warburton	m	SM	Kirkby Milers AC	54:37,8	54:25,6
554	1163	AISLING Meehan	f	SF		54:41,0	54:25,9
555	580	Paddy Toye	m	M40		54:41,9	54:03,1
556	720	Stacey Blake	f	SF		54:42,1	54:17,0
557	1116	Aisling Meehan	f	F40		54:43,5	53:58,1
558	749	Mary T Gallagher	f	SF		54:44,2	54:34,6
559	367	Robert Sweeney	m	SM		54:46,1	54:12,4
560	846	Conal Gallagher	m	M45		54:48,3	54:24,6
561	401	Paul Gavigan	m	SM		54:48,6	54:24,2
562	751	Liam McLaughlin	m	M50		54:49,6	54:40,4
563	3	Deron O' Brien	m	SM		54:50,6	54:30,6
564	790	Paddy Robinson	m	SM		54:52,3	54:20,4
565	1156	Kevin Tourish	m	SM		54:54,1	54:10,5
566	389	Gavin Mc Menamin	m	SM		54:54,9	54:21,4
567	1125	Carena Murray	f	SF		54:59,3	54:47,6
568	126	Emma Lawrence	f	SF	Castlefinn Running	54:59,9	54:54,0
569	814	Thomas O' Fril	m	SM		55:01,2	54:40,0
570	634	Barry Browne	m	M40	Milford AC	55:05,6	54:30,3
571	286	Clive Wasson	m	M45	Triathlon 24/7	55:05,8	54:32,1
572	100	Niall McGlinchey	m	M45		55:07,7	54:52,6
573	179	Isobel Gardner	f	F45		55:08,5	54:42,9
574	1	Gareth McDonnell	m	SM		55:12,1	54:30,3
575	1062	Derry Hallinan	m	M50		55:12,9	54:47,6
576	623	Stephaine Walls	f	SF	Milford AC	55:13,6	55:08,7
577	517	Andrew Mc Granaghan	m	M50		55:13,9	54:40,4
578	140	Paula Cullen	f	F40	Milford A.C.	55:14,0	55:08,7
579	677	Cait Doherty	f	SF		55:19,5	54:41,1
580	676	Una Friel	f	F40		55:19,7	54:40,9
581	181	Ann Marie Roache	f	SF		55:20,0	54:54,4
582	41	Andy Parkinson	m	M40	UnitedHealthGroup	55:20,2	55:10,4
583	765	Sharon Browne	f	SF		55:22,0	55:06,6
584	1144	Dwain Robb	m	SM	Inishowen A.C.	55:22,5	54:54,7
585	1145	Darren Robb	m	SM		55:22,6	54:54,9
586	102	Paula Jansen	f	SF	Finn Valley A.C.	55:24,1	55:16,8
587	222	Martina Watson	f	SF	Fit Hub	55:25,7	55:08,1
588	1157	Eileen Toye	f	SF		55:27,8	55:12,0
589	258	Marie Breen	f	F40	Lifford A.C.	55:29,1	55:15,7
590	257	Danny Burnn	m	M60	Lifford A.C.	55:29,2	55:15,3
591	800	Declan Mc Callion	m	M50	Lifford A.C.	55:29,8	55:16,0
592	1121	Edward Muldowney	m	SM		55:30,7	54:53,9
593	420	Liam Cannon	m	M40		55:34,8	55:22,3
594	217	Mary Ellen Friel	f	F40		55:35,9	55:08,3
595	602	Fergus Mc Kinney	m	M40		55:41,6	55:12,6
596	1152	Orla Shovlin Doogan	f	F50		55:41,7	55:35,4
597	644	Joe Mc Glynn	m	SM		55:42,7	55:00,7

598	932	David Meehan	m	SM	Lifford fit 4 life	55:43,2	55:28,6
599	428	Colm Mc Daid	m	M40		55:43,9	55:13,4
600	270	Sinead Mc Nulty	f	F40		55:45,7	55:13,8
601	290	Whoriskey Aine	f	SF	Milford AC	55:45,8	55:24,6
602	271	Sandra Clarke	f	SF		55:46,9	55:15,7
603	62	Agnes Doherty	f	F50		55:47,2	55:25,6
604	505	Jacinta Henry	f	SF		55:47,4	55:26,5
605	331	Patrick Carr	m	SM		55:51,7	55:48,7
606	345	Martina Carr	f	SF		55:52,0	55:30,9
607	477	Paul Maguire	m	SM		55:53,4	55:29,6
608	233	Georgina Foy	f	SF		55:54,0	55:47,1
609	457	Gary Price	m	SM		55:55,1	55:37,1
610	156	Wendy Gordie	f	SF	Swanlings	55:56,6	55:45,6
611	1020	Anne Cannon	f	F45		55:59,7	55:52,8
612	1138	Emer O'Connor	f	SF		56:00,8	55:36,9
613	531	Michelle Delaney	f	SF	Tír Chonail	56:07,1	55:47,7
614	771	Noel Gorman	m	SM		56:08,0	55:33,9
615	659	Mark Doherty	m	SM		56:14,2	55:51,3
616	542	Sinead Cranford	f	SF	Inishowen A.C.	56:17,3	56:05,7
617	604	Fred Sharkey	m	M50		56:20,5	55:56,7
618	709	Jenny Shields	f	SF		56:21,5	56:14,4
619	1139	Hilary O'Connor	f	SF	Donore Harriers	56:24,0	55:58,1
620	476	Paul Cullen	m	SM		56:24,2	56:24,2
621	704	Fiona O Loughlin	f	SF		56:24,3	55:51,1
622	707	Patrick Kennedy	m	SM		56:24,5	55:50,3
623	50	Elaine Parke	f	sw	UnitedHealthGroup	56:24,6	56:08,4
624	73	Jennifer Pearson	f	SF		56:24,6	56:02,6
625	81	Gordan Rile	m	SM		56:25,4	56:03,6
626	118	Eamon Mc Connell	m	M45	Castlefinn Running	56:26,3	55:50,9
627	1141	Joey O'Leary	m	M45		56:26,3	55:51,3
628	1046	Anthony Gallagher	m	M45		56:26,4	55:50,9
629	473	Kieran Mc Gonagle	m	M40		56:26,5	56:08,9
630	1129	Mary O Donnell	f	SF		56:27,2	56:00,6
631	670	Eithne Cox	f	F45	Letterkenny A.C.	56:28,4	56:08,1
632	129	Patrick Mullen	m	M50		56:29,4	56:07,8
633	514	Agnes Ryan	f	SF	Milford AC	56:30,2	55:55,4
634	93	Jack Lawler	m	SM		56:30,4	56:11,1
635	260	Shaun Bonner	m	M50	Convoy AC	56:30,6	56:22,6
636	820	Clare Mc Kinney	f	F45		56:31,0	56:04,7
637	741	Carmel Ferry	f	SF		56:31,9	56:09,1
638	368	Emma Mc Laughlin	f	SF	Convoy AC	56:34,9	56:18,8
639	445	Mary Harper	f	F45	Convoy AC	56:35,3	56:21,3
640	354	Michael Gibbons	m	M45		56:35,6	56:06,6
641	1101	Billie Mc Quaid	f	SF		56:38,5	56:00,9
642	377	Michaela Gillespie	f	F45	Letterkenny A.C.	56:39,2	56:24,9
643	186	Conor Mc Guigan	m	SM		56:42,6	56:08,3
644	94	Joanne Gallinagh	f	SF	Convoy AC	56:43,3	56:27,8
645	450	Aoife Fannin	f	SF		56:44,0	56:33,0
646	544	Rhonda Porter	f	SF	Lifford A.C.	56:45,2	56:30,6
647	14	Nicola Neely	f	SF		56:47,7	56:38,6

648	1136	Sinead O'Brien	f	SF		56:48,6	56:17,1
649	6	Georgie Chan	m	M40		56:48,9	56:10,9
650	79	Dean Spencer	m	M45		56:49,3	56:30,2
651	280	Sarah Mc Gonigle	f	SF		56:50,4	56:30,4
652	640	Kathy Ann Gibson	f	SF		56:52,1	56:40,6
653	665	Pluinthead O' Fearraigh	m	M60		56:54,6	56:22,0
654	138	Sonya O' Donnell	f	F40	Finn Valley A.C.	56:55,4	56:48,2
655	813	Padraig O' Fril	m	SM		56:58,4	56:35,5
656	352	John Mc Brearty	m	SM		57:00,6	56:36,7
657	254	Liam Mc Fadden	m	SM	Milford AC	57:03,2	56:41,4
658	61	David Doherty	m	SM		57:07,0	56:59,6
659	327	Paul Mc Geady	m	M50		57:09,6	56:39,7
660	36	John James Dunphy	m	M45	Team Ella	57:13,5	56:58,7
661	291	Marie Gibson	f	F50	Run4Fun	57:16,8	57:02,4
662	654	Tommy Naughton	m	SM		57:19,2	56:56,7
663	799	Bridget Gallagher	f	F40		57:22,1	57:04,2
664	422	James Smyth	m	M60		57:24,4	56:53,9
665	183	Rosemary Russell	f	f40		57:26,5	57:20,10
666	444	Rhonda Porter	f	SF		57:27,0	57:20,8
667	356	Stephanie Dunleavy	f	F40		57:30,6	57:14,2
668	633	Bernie Martin	f	F50	KCR	57:32,7	57:11,6
669	278	Fidelma Mullaney	f	SF		57:34,3	57:27,4
670	502	Maureen Mc Brearty	f	SF	Run4Fun LK	57:34,4	57:27,3
671	252	Mark Glacken	m	SM		57:40,2	57:07,4
672	521	Mark Gildea	m	SM	Run4Fun	57:43,0	57:21,6
673	845	Maeve Carr	f	F40		57:44,8	57:29,0
674	1060	Sean Grant	m	M50		57:45,0	57:16,2
675	48	Linda Harkin	f	SF	UnitedHealthGroup	57:46,0	57:38,5
676	923	Suzanne Gallagher	f	F45		57:48,6	57:34,6
677	660	Mary Higgins	f	SF		57:50,9	57:26,7
678	746	Angela Trimble	f	F40		57:52,1	57:39,0
679	1032	Aisling Doogan	f	SF		57:52,7	57:45,0
680	817	Joanne Whoriskey	f	F40	Inishowen A.C.	57:53,4	57:42,1
681	864	Jackie Mc Laughlin	f	SF	Inish Fitness	57:55,5	57:23,9
682	1113	Anthony McLaughlin	m	M40		57:56,6	57:26,4
683	1070	Andrew Homden	m	M50		57:57,4	57:35,7
684	1018	Yvonne Cairns	f	F45		57:59,0	57:43,3
685	1094	Joe Mc Daid	m	M40		58:00,8	57:32,1
686	70	Jean Mc Glinchey	f	F50		58:03,8	57:37,6
687	154	Jenny Coyle	f	SF		58:03,8	57:48,6
688	867	Neil Roarty	m	M45		58:08,3	58:04,5
689	629	Alphie Mc Hale	m	M50		58:11,7	57:52,9
690	86	Phonsie Barr	m	M50		58:18,3	57:39,3
691	1530	Darlagh Maguire	m	SM		58:19,4	58:03,0
692	1522	Sean Mc Nulty	m	SM		58:20,4	58:20,4
693	851	Colette Byrne	f	F40	Slieve Leig AC	58:23,1	57:51,9
694	54	Veronica Kilpatrick	f	F40	UnitedHealthGroup	58:25,2	58:15,10
695	132	Denise Mc Bride	f	SF	Triathlon 24/7	58:26,5	58:16,1
696	847	Elizabeth Curran	f	F50		58:27,5	58:21,8
697	490	Olivia Cuskelly	f	SF		58:34,6	58:19,6

698	1088	Sean Mc Auliffe	m	M45		58:35,5	58:22,1
699	907	K P Doherty	m	SM	Lifford A.C.	58:36,0	58:21,6
700	211	Garry Burke	m	M50		58:39,7	58:07,8
701	836	Colette Callaghan	f	SF	KCR	58:41,7	58:19,4
702	777	Geraldine O Connor	f	SF	Fit 4 Fun	58:42,4	58:24,6
703	1037	Lisa Ferry	f	SF		58:46,6	58:06,5
704	735	Klaudia Roqalla	f	SF		58:46,8	58:38,3
705	253	Lynette Morgan	f	SF		0:58:47,53	0:58:47,53
706	159	Elaine Robinson	f	SF		58:48,0	58:22,4
707	818	Brenda Cullen	f	SF		58:48,6	58:37,4
708	210	Mark Russell	m	SM		58:53,8	58:21,0
709	87	Tanya Carson	f	SF		58:58,1	58:47,4
710	8	Danny Gibbons	m	M60		58:59,7	58:36,2
711	287	Declan Breslin	m	M50		59:02,4	58:26,6
712	626	Siobhan Barrett	f	SF	Milford AC	59:02,9	58:29,9
713	91	Michael Hanley	m	M50		59:02,9	58:32,3
714	334	Martin Gallagher	m	SM		59:03,1	58:32,6
715	413	Brid Marie Solan	f	SF		59:05,3	58:52,9
716	927	Shane Trearty	m	SM		59:08,0	58:50,2
717	167	Sheila Hughes	f	F45	Letterkenny A.C.	59:09,1	58:49,1
718	591	Eugene Deehan	m	SM		59:09,6	58:43,7
719	590	Kate Peskova	f	SF		59:10,2	58:44,4
720	945	Valerie Coyle	f	SF	Fit 4 Fun	59:11,7	58:55,1
721	300	Michael Jordan	m	M40		59:12,8	59:12,8
722	1117	Nonie Melly	f	F45		59:13,8	58:57,3
723	759	PJ Mc Cosler	m	SM		59:17,1	58:50,0
724	1031	James Doogan	m	SM		59:18,0	58:58,4
725	576	Kieran Kelly	m	SM		59:22,2	58:49,4
726	637	Patricia Orsi	f	F45	Milford AC	59:23,0	58:48,0
727	540	Ann Doherty	f	SF		59:24,4	58:51,9
728	1107	Deirdre McGuinness	f	SF		59:24,4	59:01,4
729	1106	Donal McGuinness	m	SM		59:25,0	59:00,8
730	432	Gerard Mc Fadden	m	M40		59:26,5	59:16,2
731	828	Dessie Kearney	m	SM	Inishowen A.C.	59:27,5	59:18,7
732	685	Kay Bonner	f	F50	Convoy AC	59:29,0	59:21,2
733	259	Marie Bonner	f	F50		59:29,1	59:21,5
734	23	Mary Bonnar	f	F50		59:30,7	59:06,7
735	1054	Brendan Gillespie	m	SM		59:30,9	59:00,8
736	82	Mary Hegarty-Brogan	f	F40		59:31,1	59:05,6
737	1053	Monica Gillespie	f	SF		59:31,3	58:59,9
738	464	Pauline Mc Daid	f	SF		59:34,0	59:29,5
739	1050	Maria Gibbons	f	F50		59:37,0	59:03,4
740	922	Gerard Mc Fadden	m	SM		59:38,8	59:15,3
741	902	Siobhan Coyle	f	SF		59:38,9	59:16,5
742	774	Jonny Moore	m	M40		59:39,9	59:20,0
743	161	Ernest Cooke	m	SM		59:41,0	59:16,3
744	642	Melaine Pearson	f	SF		59:41,1	59:30,3
745	392	Brid Mc Ginty	f	F40		59:41,2	59:33,7
746	162	Stella Mc Cole	f	SF	Letterkenny A.C.	59:41,3	59:33,3
747	250	Murt Collins	m	M50		59:41,4	59:18,9

748	22	Linda Macbeth	f	SF	Raphoe Runners	59:41,7	59:22,8
749	1052	Sharon Gillespie	f	F45	Tír Chonail A.C.	59:42,3	59:42,3
750	202	William Bonner	m	SM		59:42,4	59:24,9
751	333	Danny Bradley	m	SM		59:45,1	59:23,4
752	326	Megan Roarty	f	SF		59:46,6	59:46,6
753	169	Brian Mc Hugh	m	M45		59:48,0	59:25,0
754	353	Pauline Doherty	f	F40		59:49,6	59:35,7
755	900	Noeleen Doogan	f	SF		59:55,0	59:41,0
756	346	Josephine Mc Conigley	f	F40	Milford AC	59:56,1	59:20,5
757	384	Tanya Mc Groddy	f	SF	Run4Fun	59:59,6	59:34,0
758	821	Mary Harkin	f	F40		1:00:00,3	59:37,2
759	314	Donna Thompson	f	SF		1:00:00,3	59:24,8
760	1055	Catherine Given	f	SF		1:00:00,9	59:16,9
761	1073	Nicola Kee	f	F40	Finn Valley A.C.	1:00:02,1	59:39,7
762	2	Lisa Ferguson	f	SF	Finn Valley A.C.	1:00:06,3	59:55,1
763	942	Mark Quinn	m	M40		1:00:06,5	59:30,5
764	918	Tanya Shields	f	SF		1:00:06,7	59:27,7
765	107	Catherine Starr	f	SF	Finn Valley A.C.	1:00:07,0	59:55,3
766	1103	Karen McGarrigle	f	SF		1:00:10,3	59:29,8
767	503	Mary Mc Brearty	f	SF	Run4Fun LK	1:00:11,3	1:00:04,8
768	750	Lauhaoise McGuire	f	F40		1:00:11,7	59:49,8
769	133	Joanne Mc Nabb	f	SF	Finn Valley A.C.	1:00:14,1	1:00:03,0
770	494	Rhonda Green	f	F40	Lifford A.C.	1:00:15,2	1:00:00,1
771	761	Paul Shiels	m	SM		1:00:16,0	1:00:08,0
772	924	Stephen Shiels	m	M45	Letterkenny A.C.	1:00:16,2	1:00:07,6
773	876	Fiona Gallagher	f	F50		1:00:16,4	59:45,3
774	11	Denise Anderson	f	SF		1:00:21,6	59:50,2
775	478	Eoin Bonner	m	SM		1:00:22,0	59:40,6
776	376	Mary Jo Kingston	f	SF	Crossfit LK	1:00:24,1	59:41,1
777	510	Tommy Mc Hugh	m	M50	Lifford Fit4 Life	1:00:27,7	1:00:22,0
778	68	Fiona Temple	f	SF		1:00:28,4	1:00:06,6
779	839	Aideen Mc Grory	f	SF		1:00:29,2	1:00:02,4
780	449	Julie Ann Mc Gonigle	f	SF		1:00:30,0	1:00:08,2
781	232	Margo Mc Nally	f	SF		1:00:34,2	1:00:17,0
782	587	Rosaleen Gallagher	f	F40		1:00:36,2	1:00:20,3
783	896	Peter Fox	m	M50		1:00:39,2	59:57,1
784	612	John Burke	m	M40		1:00:42,0	1:00:12,6
785	586	Doireann Ní Riain	f	SF		1:00:44,5	1:00:32,6
786	910	Rosha Diver	f	F40		1:00:45,7	1:00:05,9
787	1200	Carmel Brindle	f	F40	Lifford A.C.	1:00:47,3	1:00:33,1
788	316	Dymphna Gallagher	f	SF	Fit 4 Fun	1:00:49,9	1:00:12,7
789	678	Michael Toner	m	SM		1:00:50,4	1:00:30,1
790	688	Finnola Lofrus	f	F40		1:00:51,6	1:00:31,4
791	207	Syria Mc Geever	f	SF	Fit 4 Fun	1:00:53,2	1:00:36,7
792	103	Carmel Boland	f	F50	Finn Valley A.C.	1:00:59,8	1:00:27,5
793	104	Anthony Boland	m	M50	Finn Valley A.C.	1:01:00,4	1:00:27,6
794	616	Sharon Meeson	f	SF	KCR	1:01:02,7	1:00:40,4
795	64	Claire Mc Dyre	f	SF		1:01:03,5	1:00:35,1
796	435	Marie Gallagher	f	SF		1:01:03,9	1:00:36,5
797	105	Dolours Mc Glinchey	f	F40	Finn Valley A.C.	1:01:04,1	1:01:01,2

798	436	Trevor Carr	m	SM		1:01:04,4	1:00:36,9
799	738	Marie Boyle	f	SF	Finn Valley	1:01:07,1	1:01:04,2
800	231	Anne Kelly	f	F40		1:01:09,4	1:00:53,6
801	227	Maureen Gallagher	f	F40		1:01:09,7	1:00:53,5
802	403	Mary Troisi	f	SF		1:01:11,7	1:00:49,8
803	238	Noreen Lynch	m	SM		1:01:15,6	1:00:37,9
804	554	Charlie Joe Mc Ginley	m	M45	Letterkenny A.C.	1:01:16,9	1:00:42,7
805	328	Patrick Gallagher	m	M50		1:01:17,8	1:00:50,0
806	1119	Praveen Mishra	m	SM		1:01:21,5	1:01:08,5
807	165	Carole Leonard	f	F50		1:01:22,1	1:01:06,1
808	369	Annette Rodgers	f	SF		1:01:23,5	1:01:05,9
809	518	Pamela Mc Granaghan	f	F45		1:01:23,6	1:00:50,7
810	412	Caitriona Solan	f	SF		1:01:28,4	1:01:16,1
811	312	Aisling Gallagher	f	F45		1:01:28,7	1:00:46,1
812	581	Christine Quinn	f	SF		1:01:30,2	1:01:00,7
813	294	Siobhan Mc Dermott	f	SF		1:01:32,3	1:00:52,6
814	309	Stacey Hegarty	f	SF		1:01:32,5	1:00:52,5
815	812	Sarah Jane Gallagher	f	SF		1:01:36,3	1:01:11,3
816	794	Seamus Whoriskey	m	SM		1:01:37,6	1:01:20,2
817	792	Sandra Whoriskey	f	SF		1:01:37,9	1:01:20,7
818	176	Cathae Herron	m	M50		1:01:44,2	1:01:09,1
819	43	Martin Crawford	m	SM	UnitedHealthGroup	1:01:45,6	1:01:45,6
820	199	Robin Singaroyan	m	SM		1:01:45,7	1:01:29,7
821	229	Lisa Mc Laughlin	f	SF		1:01:46,3	1:01:12,0
822	1151	Caroline Shields	f	SF		1:01:49,5	1:01:18,4
823	198	Sharon Wilson	f	SF	Rosses A.C.	1:01:51,9	1:01:21,0
824	409	Deirdre Friel	f	SF		1:01:56,4	1:01:12,4
825	895	Anne Mc Gee	f	F45		1:01:57,5	1:01:33,7
826	674	Roisin Kenny	f	SF		1:01:59,2	1:01:42,3
827	752	Caroline Doohan	f	SF		1:01:59,9	1:01:18,5
828	656	Seamus Costello	m	M50		1:02:01,7	1:01:34,4
829	928	Christopher Callaghan	m	SM		1:02:02,5	1:01:22,5
830	636	Trisha Jordan	f	F40		1:02:02,6	1:01:27,4
831	404	Aine Mc Laughlin	f	SF		1:02:09,3	1:01:47,3
832	122	Julie Mc Namee	f	SF	Castlefinn Running	1:02:11,4	1:01:37,2
833	123	Lisa Mc Glinchey	f	SF	Castlefinn Running	1:02:11,7	1:01:38,6
834	646	Charlotte Logue	f	SF		1:02:18,8	1:01:46,0
835	150	Una Mc Cotter	f	F45	Milford AC	1:02:20,3	1:01:46,6
836	905	Imelda Mc Devitt	f	F50	St Naul's Runners	1:02:20,9	1:02:08,0
837	605	Patricia Sharkey	f	F50		1:02:23,3	1:01:59,6
838	243	John Eaton	m	SM		1:02:24,8	1:02:06,6
839	488	Mena Breslin	f	F50		1:02:27,9	1:02:00,0
840	947	Niall O' Connor	m	SM		1:02:29,2	1:02:29,2
841	1127	Máire Ní Dhomhnaill	f	SF		1:02:29,5	1:02:04,0
842	415	Caroline Herron	f	SF	Run LK	1:02:34,6	1:02:22,1
843	1128	Anna O Donnell	f	F40		1:02:36,4	1:02:04,5
844	667	Ailbhe Ni Thuairisg	f	SF		1:02:37,3	1:01:51,9
845	456	Sandra Cullen	f	F50		1:02:39,5	1:02:33,1
846	17	Sally Turnbull	f	F45	Milford AC	1:02:43,0	1:02:07,0
847	239	Aoife Dorrian	f	SF		1:02:51,8	1:02:14,5

848	743	Alaister Jamieson	m	SM		1:02:51,8	1:02:23,7
849	293	Patricia Mc Dermott	f	SF		1:02:52,2	1:02:12,5
850	400	Merice Gillespie	f	SF		1:02:58,1	1:02:45,6
851	455	Anne Gallagher	f	F50		1:03:00,8	1:02:54,4
852	364	Tara McFadden	f	SF		1:03:04,3	1:02:52,4
853	878	Nikki Maguire	f	SF		1:03:10,5	1:02:28,3
854	244	Kathleen Begley	f	F45		1:03:11,4	1:02:50,2
855	245	Louise Moran	f	F40		1:03:11,9	1:02:50,7
856	438	Linda Mc Groarty	f	SF		1:03:14,6	1:02:48,4
857	391	Dymphna Gallagher	f	F40	Run4Fun	1:03:15,1	1:03:02,8
858	1007	Lisa Bodkin	f	SF		1:03:17,0	1:02:55,1
859	715	Liam Mc Clafferty	m	SM		1:03:17,6	1:03:03,0
860	701	Brenda O Neill	f	SF		1:03:19,4	1:02:49,1
861	577	Virgina Murray	f	F40		1:03:28,6	1:02:53,0
862	762	Ciaran Harkin	m	SM		1:03:28,8	1:02:47,5
863	1025	Marie Coyle	f	F50	Inishowen A.C.	1:03:29,3	1:02:56,9
864	16	John Gallagher	m	M40		1:03:33,0	1:02:48,5
865	9	Barbara Mahon	f	SF		1:03:35,5	1:03:18,1
866	423	Fiona Grier	f	SF	Milford AC	1:03:38,8	1:03:17,6
867	40	Hughie Shields	m	SM	UnitedHealthGroup	1:03:44,7	1:03:11,1
868	135	Miriam O' Donnell	f	SF	Finn Valley A.C.	1:03:46,9	1:03:19,0
869	134	Sharon Mc Ginty	f	SF	Finn Valley A.C.	1:03:51,1	1:03:22,9
870	1112	Noel McLaughlin	m	M40	Inishowen A.C.	1:03:53,6	1:03:44,2
871	128	Mary Mc Granaghan	f	F45	Raphoe Road Runners	1:03:59,6	1:03:42,1
872	662	Rose Lynch	f	SF		1:04:00,8	1:03:50,8
873	127	Nuala Allan	f	F50	Raphoe Road Runners	1:04:02,9	1:03:45,1
874	29	Margaret Doherty	f	F50		1:04:06,0	1:03:40,2
875	31	Kathleen Quinn	f	F50		1:04:08,0	1:03:42,5
876	110	Bridgeen Gallen	f	SF	Finn Valley A.C.	1:04:12,1	1:03:47,9
877	515	Paul Ryan	m	M40	Milford AC	1:04:12,5	1:03:37,2
878	484	Bernie O' Donnell	f	F45	Milford AC	1:04:12,7	1:03:38,8
879	1519	Sarah Hunter	f	SF		1:04:13,2	1:04:13,2
880	897	Sean Tianheed	m	SM		1:04:14,0	1:03:29,4
881	149	Hilary Moore	f	F45	Milford A.C.	1:04:14,0	1:03:37,6
882	112	Audrey Crawford	f	SF	Finn Valley A.C.	1:04:20,5	1:04:08,9
883	318	Cathy Mc Kinney	f	F40		1:04:31,8	1:04:06,9
884	18	Joan Merritt	f	F45	Milford AC	1:04:32,0	1:03:55,1
885	15	Pauline Gallagher	f	F50		1:04:33,2	1:03:48,4
886	844	Eileen Duggan	f	F40		1:04:33,4	1:03:57,3
887	223	Pauline Gallagher	f	SF		1:04:33,7	1:04:03,5
888	658	Ginette Mc Elwaine	f	SF		1:04:33,9	1:03:54,8
889	618	Nuala Atkinson	f	F45		1:04:34,4	1:04:17,9
890	42	Rosaleen McCann	m	SM	UnitedHealthGroup	1:04:35,8	1:03:57,6
891	619	Rosaleen Bonner	f	SF	Run LK	1:04:39,3	1:04:05,7
892	431	Lisa Turk	f	F40		1:04:39,7	1:04:11,2
893	543	Laura Mc Bride	f	F40		1:04:45,3	1:04:20,9
894	726	Lorna O Donnell	f	F45		1:04:47,6	1:04:19,7
895	497	Paddy Enfield	m	M40		1:04:53,2	1:04:34,6
896	491	Rachel Enfield	f	F40		1:04:53,4	1:04:35,7
897	1521	Terence McCann	m	M45		1:04:53,5	1:04:09,8

898	573	Jacqueline Mc Groddy	f	SF		1:04:55,7	1:04:16,7
899	241	Catherine Malone	f	F45	Run4Fun	1:05:02,9	1:04:40,6
900	261	Ann Marie Shiels	f	SF	Run4Fun	1:05:03,2	1:04:23,6
901	866	Evelyn Mc Bride	f	SF		1:05:04,7	1:04:48,6
902	267	Jacqueline Callaghan	f	F40	Triathlon 24/7	1:05:05,0	1:04:31,6
903	1539	Caolan Fox	m	SM		1:05:09,1	1:04:27,1
904	647	Chris Mc Menamin	m	SM		1:05:13,6	1:05:03,2
905	483	Mairead Mc Granaghan	f	SF	Convoy AC	1:05:14,7	1:04:32,6
906	25	Orla Gallagher	f	SF	Letterkenny Biggest L	1:05:15,7	1:04:48,2
907	7	Roisin Devine	f	SF		1:05:18,0	1:04:39,4
908	200	Nuala Friel	f	F45	KCR	1:05:24,3	1:05:15,4
909	201	Sinead Mc Granaghan	f	F45	KCR	1:05:24,5	1:05:16,5
910	754	Kelly Trearty	f	SF		1:05:24,9	1:04:56,3
911	712	Charlie Patton	f	F40		1:05:40,9	1:05:03,8
912	446	Ann Strain	f	F45	Convoy AC	1:05:44,5	1:05:29,6
913	114	Ann Marie Lynch	f	SF	Finn Valley A.C.	1:05:45,6	1:05:34,3
914	1537	Leon Boyce	m	SM		1:05:47,1	1:05:05,7
915	562	Anita Gallagher	f	F40		1:05:50,6	1:05:50,6
916	276	Emer Parke	f	F40		1:05:53,8	1:05:34,0
917	393	Deirdre Mc Garrigle	f	F40		1:05:53,8	1:05:45,6
918	776	Catherine Gilligan	f	F50	Drumohill RC	1:05:55,8	1:05:43,4
919	699	Michael Parkinson	m	SM		1:05:56,4	1:05:12,0
920	698	Annette Darcy	f	SF		1:05:56,7	1:05:12,2
921	164	Mary Strain	f	SF		1:05:57,7	1:05:19,5
922	865	Geraldine Jackson	f	SF	Inish Fitness	1:06:01,2	1:05:29,1
923	24	Paul O Brien	m	SM		1:06:03,7	1:05:35,5
924	1154	Borbala Takacs	f	SF		1:06:04,6	1:05:38,3
925	786	Laura Hannon	f	SF		1:06:05,2	1:05:34,5
926	785	P Declan O' Connell	m	SM		1:06:07,0	1:05:36,6
927	635	Declan Friel	m	M40	Milford AC	1:06:09,6	1:05:33,7
928	906	Brenda Battles	f	SF	St Navis	1:06:10,9	1:05:57,5
929	919	Connell O Donnell	m	SM		1:06:12,0	1:05:47,7
930	65	Máire Mc Geehan	f	SF		1:06:13,7	1:05:46,0
931	20	Joanne Smeaton	f	F40	Milford AC	1:06:15,4	1:05:36,5
932	1068	Sylvester Hiemstra	m	M45	Milford A.C.	1:06:15,5	1:06:15,5
933	1535	Lee Boyce	m	SM		1:06:19,8	1:05:38,5
934	811	Maura Mc Fadden	f	SF		1:06:25,0	1:05:52,7
935	292	Donna Gallagher	f	SF	Run4Fun	1:06:28,7	1:06:06,6
936	779	Lianne Doherty	f	SF	Fit 4 Fun	1:06:35,9	1:06:23,1
937	28	Tammi Crossan	f	SF		1:06:39,5	1:05:59,3
938	175	Marian Ferry	f	F40		1:06:46,1	1:06:22,9
939	914	Aisling Mills	f	SF		1:06:46,8	1:06:09,6
940	578	Aoife Doherty	f	SF		1:06:47,9	1:06:15,1
941	757	Laoise Friel	f	SF		1:06:48,0	1:06:12,1
942	742	Caoimhe Friel	f	SF		1:06:48,1	1:06:12,2
943	349	Mary O' Donnell	f	F45		1:06:50,5	1:06:26,1
944	130	Laura Neilson	f	SF		1:06:53,5	1:06:23,3
945	592	Mairead Mc Mahon	f	SF		1:07:01,7	1:06:58,4
946	63	Noreen Hoad	f	F50	Tír Chonaill A.C.	1:07:11,9	1:06:58,5
947	1083	Marie Lynch	f	SF		1:07:14,9	1:06:48,6

948	1009	Ann Boyce	f	SF		1:07:16,9	1:06:51,9
949	1005	Emer Alexander	f	SF	Catlefinn Runners	1:07:17,1	1:06:52,1
950	574	Caroline Mc Groddy	f	SF		1:07:21,8	1:06:42,4
951	946	Cartiona Mc Elwaine	f	SF		1:07:26,7	1:06:49,3
952	108	Emma Lawne	f	SF	Finn Valley A.C.	1:07:30,5	1:06:56,0
953	234	Caitlin Uí Laifearthaigh	f	F40		1:07:32,8	1:07:08,9
954	323	Edel Walker	f	F45		1:07:33,2	1:07:17,8
955	427	Gillian Molloy	f	SF		1:07:37,3	1:06:59,4
956	1529	Frances Griffin	f	F40		1:07:52,7	1:07:14,3
957	301	Nicola Gregg	f	SF	Convoy A.C.	1:07:53,3	1:07:10,7
958	113	Mary Byrne	f	SF	Finn Valley A.C.	1:07:53,3	1:07:41,8
959	74	Hilary Pearson	f	F50		1:08:11,7	1:07:49,4
960	465	Mary Gallagher	f	SF	Termon	1:08:14,3	1:07:57,4
961	520	Karina Gildea	f	SF	Run4Fun	1:08:16,0	1:07:50,0
962	168	Sharon Mullen	f	F45	Run 4 Fun	1:08:17,2	1:08:02,5
963	379	Adele Doherty	f	SF	Cranford AC	1:08:29,7	1:08:00,1
964	109	Carina Mc Menamin	f	SF	Finn Valley A.C.	1:08:32,4	1:08:08,5
965	1019	Jacqui Campbell	f	F40		1:08:33,7	1:07:57,4
966	216	Sarah Breslin	f	SF		1:08:38,0	1:08:12,4
967	92	Nuala McGlinchey	f	F45		1:08:38,8	1:07:58,0
968	755	Martin Donaghy	m	SM		1:08:40,7	1:08:10,8
969	1057	Louise Goudie	f	SF	Raphoe Road Runners	1:08:41,4	1:08:03,6
970	58	Teresa Browne	f	SF	UnitedHealthGroup	1:08:41,5	1:08:02,8
971	1043	Donna-Marie Friel	m	M40	PACE Running Club	1:08:45,3	1:08:26,0
972	1048	Louise Gallagher	f	F40		1:08:45,4	1:08:26,1
973	1533	Conor Callaghan	m	SM		1:08:47,7	1:08:05,0
974	26	Arvil Larkin	f	F45		1:08:49,4	1:08:49,4
975	27	Nuala Lenihan	f	F60		1:08:49,6	1:08:49,6
976	447	Noreen Pinder	f	F45		1:09:02,2	1:08:22,8
977	630	Nigel Keown	m	M40		1:09:09,6	1:08:50,9
978	208	Amanda Mc Laughlin	f	F40	Fit 4 Fun	1:09:13,2	1:08:35,7
979	357	Ronan Moylan	m	SM		1:09:16,6	1:08:55,6
980	71	Joan Gallagher	f	F40		1:09:16,8	1:09:00,6
981	643	Linda Campbell	f	SF		1:09:16,9	1:08:35,5
982	111	Denise Ferguson	f	SF	Finn Valley A.C.	1:09:27,2	1:08:52,0
983	69	Seamus Temple	m	M60		1:09:27,6	1:08:45,8
984	116	Chantel Mc Elhinney	f	SF	Finn Valley A.C.	1:09:28,5	1:08:53,1
985	209	Rosie Coyle	f	SF	Fit 4 Fun	1:09:36,1	1:08:58,8
986	78	Jacqueline O' Mahoney	f	SF	Run LK	1:09:58,7	1:09:45,9
987	778	Irene O Connor	f	SF	Fit 4 Fun	1:10:07,3	1:09:48,2
988	218	Sinéad Mc Taggart	f	F40	Milford A.C.	1:10:11,4	1:09:32,5
989	551	James Green	m	M50	Convoy AC	1:10:18,5	1:09:44,7
990	710	Eva Mc Closkey	f	SF		1:10:22,6	1:10:14,9
991	1092	Theresa Mc Crudden	f	F40		1:10:22,8	1:09:56,2
992	809	Mark Patton	m	M40		1:10:28,8	1:10:03,1
993	870	Geraldine Mc Ginley	f	F40		1:10:29,3	1:10:10,9
994	1096	Louise Mc Donald	f	SF		1:10:30,6	1:09:53,3
995	1097	Sueanne Mc Gonigle	f	SF		1:10:30,6	1:09:53,4
996	461	Bridgeen Devenny	f	SF		1:10:33,6	1:10:18,2
997	874	Roisin Coyle	f	SF		1:10:41,4	1:09:58,2

998	248	James Carberry	m	SM		1:10:49,6	1:10:26,7
999	247	Colette Carberry	f	SF		1:10:49,7	1:10:26,3
1000	631	Benny Sweeney	m	M45	Convoy AC	1:10:54,4	1:10:23,2
1001	606	Veronica Dunleavy	f	F45		1:11:18,8	1:10:36,2
1002	265	Marrrian Cullen	f	F60	Run4Fun	1:11:19,7	1:11:05,6
1003	45	Mairead Coyle	f	SF	UnitedHealthGroup	1:11:22,5	1:10:43,1
1004	1008	Colette Bonner	f	F40		1:11:22,7	1:11:10,1
1005	44	Dorothy McHugh	f	SF	UnitedHealthGroup	1:11:24,7	1:10:45,0
1006	1517	Catriona Carr	f	SF		1:11:35,5	1:11:35,5
1007	1518	Hannah Carr	f	SF		1:11:35,6	1:11:35,6
1008	730	Sarah Mc Fadden	f	SF		1:11:41,5	1:11:09,4
1009	718	Martin Mc Fadden	m	SM		1:11:41,5	1:11:09,6
1010	681	Annette Matthews	f	SF	New Bridge	1:11:42,8	1:10:58,6
1011	1502	Amanda Hunter	f	SF	UnitedHealthGroup	1:11:46,7	1:11:46,7
1012	807	Brenda Devine	f	SF	Fit 4 Fun	1:11:46,9	1:11:34,7
1013	1105	Alyce McGrath	f	SF		1:11:49,6	1:11:08,3
1014	1135	Elaine O Sullivan	f	SF		1:11:49,7	1:11:08,7
1015	194	Greta Boyle	f	SF	Rosses A.C.	1:11:55,2	1:11:24,0
1016	440	Sarah Doherty	f	SF		1:11:55,8	1:11:26,4
1017	679	Carleen Gallagher	f	SF		1:11:56,1	1:11:32,6
1018	680	Aoife Doherty	f	SF		1:11:56,3	1:11:32,7
1019	625	Cathy Nee	f	F50		1:12:01,5	1:11:22,1
1020	1123	Kate Mullen	f	F45		1:12:05,7	1:11:38,2
1021	553	Orla Mc Nulty	f	SF	Lifford Fit4Life	1:12:05,9	1:11:38,4
1022	552	Angela Mc Hugh	f	SF	Lifford Fit4Life	1:12:06,0	1:11:38,9
1023	163	Michael Barrett	m	SM		1:12:13,3	1:11:34,6
1024	1134	Kevin O Neill	m	M50		1:12:21,3	1:11:49,3
1025	513	Noelen Devenny	f	SF		1:12:29,5	1:11:52,9
1026	458	Derek Flanagan	m	M40		1:12:29,6	1:11:52,9
1027	703	Brian Shiels	m	SM		1:12:31,1	1:11:50,1
1028	702	Shane Lafferty	m	SM		1:12:33,8	1:11:53,3
1029	935	Kathleen Shields	f	SF	Fit 4 Fun	1:12:39,7	1:12:32,9
1030	734	Michelle Kelly	f	SF		1:12:44,2	1:12:25,7
1031	155	Colette Ward	f	F45		1:13:04,0	1:12:24,5
1032	808	Kiara Scanlon	f	SF		1:13:26,8	1:12:59,7
1033	426	Sarah Lally	f	F40	Athenry	1:13:27,5	1:12:47,4
1034	1509	Mary Mc Laughlin	f	F40		1:13:31,6	1:13:31,6
1035	1510	Mairead Harkin	f	F40		1:13:31,9	1:13:31,9
1036	297	Anne Quinn	f	SF		1:13:38,1	1:13:19,7
1037	925	Conor Mc Philemy	m	SM		1:13:39,0	1:12:59,5
1038	32	Brendan Stevenson	m	M50		1:13:49,0	1:13:08,4
1039	863	Frances Gallagher	f	SF	Cloughaneely	1:13:52,6	1:13:26,0
1040	882	Claire Price	f	SF		1:13:55,5	1:13:37,0
1041	1532	Ann Marie Callaghan	f	SF		1:14:06,8	1:13:24,1
1042	255	Laura Diver	f	SF		1:14:09,5	1:13:46,0
1043	1076	Helena Kennedy	f	SF		1:14:22,8	1:13:59,7
1044	1528	Tina Carolan	f	F40		1:14:46,6	1:14:07,7
1045	601	Roisin Doherty	f	F50		1:14:58,4	1:14:20,4
1046	860	Danielle Kerrigan	f	SF	Convoy AC	1:15:02,6	1:14:19,2
1047	1503	Anne Mc Ateer	f	SF		1:15:02,7	1:15:02,7

1048	236	Denise O Leary Kelly	f	F40		1:15:28,3	1:15:03,3
1049	1082	Siobhan Lunney	f	SF		1:15:29,0	1:14:54,7
1050	873	Julie Cole	f	SF	Convoy AC	1:15:38,6	1:14:55,3
1051	545	Michelle Simmons	f	SF		1:15:51,7	1:15:28,6
1052	546	Marina Ward	f	SF		1:15:52,7	1:15:29,1
1053	827	Kathleen Doherty	f	F40	Inishowen A.C.	1:15:56,1	1:15:44,1
1054	909	Christine Brolly	f	F40	Raphoe Runners	1:16:05,1	1:15:46,1
1055	620	Jayne Mc Elwaine	f	F40	Raphoe Road Runners	1:16:05,1	1:15:45,9
1056	689	Gemma Mc Bride	f	SF	Convoy AC	1:17:10,6	1:16:41,2
1057	690	Jill Kilpatrick	f	SF	Convoy AC	1:17:10,6	1:16:41,0
1058	713	Catherine Patton	f	F40		1:17:39,2	1:17:01,3
1059	359	Sarah Mc Kinney	f	SF		1:17:52,7	1:17:10,6
1060	12	Linda McHugh	f	F50		1:18:05,1	1:17:33,0
1061	683	John O Donnell	m	M40		1:18:09,6	1:18:09,6
1062	1126	Lesley Newberry	f	F50		1:18:24,4	1:18:18,2
1063	277	Finola McGovern	f	SF		1:18:29,0	1:17:57,6
1064	721	Sharon Mc Kelvey	f	F50		1:18:49,9	1:18:07,9
1065	1504	Maureen Sweeney	f	SF		1:18:56,4	1:18:56,4
1066	570	Maura Gardiner	f	F50		1:19:00,1	1:18:16,4
1067	599	Denise Gallagher	f	SF		1:19:13,0	1:18:53,5
1068	649	Joan Duffy	f	F40		1:19:13,1	1:18:53,0
1069	75	Liz Mc Carron	f	SF	Run LK	1:20:24,3	1:20:10,7
1070	496	Vanessa Douglas	f	SF		1:20:25,2	1:19:47,6
1071	76	Catherine Craig	f	SF	Run LK	1:20:29,0	1:20:15,5
1072	80	Ann Spencer	f	F45		1:20:49,1	1:20:22,2
1073	1526	Ruth McCrossan	f	SF		1:22:34,3	1:22:34,3
1074	1033	Siobhan Dunne	f	SF		1:22:44,2	1:22:06,3
1075	1525	Tony McCrossan	m	M60		1:22:47,0	1:22:47,0
1076	1505	Patsy Magee	m	SM		1:23:10,3	1:23:10,3
1077	1520	Bronwyn Walsh	f	F45		1:23:12,3	1:22:28,7
1078	382	Mary Connolly	f	F50		1:25:16,1	1:25:16,1
1079	1527	Joann Carson	f	SF		1:25:35,5	1:24:52,1
1080	830	Beth Raymundo	f	SF		1:26:47,3	1:26:47,3
1081	67	Kathleen Cannon	f	F50		1:26:50,8	1:26:22,9
1082	66	Mary Mc Gee	f	F50		1:26:51,2	1:26:23,3
1083	796	Pauric Gallagher	m	SM		1:26:51,5	1:26:07,9
1084	747	Stephen McGuire	m	M40		1:28:03,4	1:27:38,2
1085	788	John Kildea	m	M40		1:28:03,5	1:27:38,2
1086	1531	Paul Callaghan	m	SM		1:31:08,1	1:30:25,5
1087	1538	Kim McFadden	f	SF		1:32:57,5	1:32:57,5
1088	1514	Edward Grant	m	SM		1:34:50,5	1:34:50,5
1089	1523	Patricia Mc Laughlin	f	SF		1:35:55,1	1:35:55,1
1090	1513	Maggie Green	f	SF		1:37:13,9	1:36:26,3
1091	1515	Ann Marie Kelly	f	SF		1:37:15,5	1:36:26,9
1092	1512	Bernie O Neill	f	SF		1:37:15,8	1:36:27,3
1093	1501	Kathleen Grant	f	SF		1:39:22,6	1:39:22,6
1094	1536	Ash Hunter	m	SM		1:54:18,1	1:53:36,4