

# North West 10k 2010

Category	No.	FirstName	Surname	Club	Time
SM					
1	2	Patrick	Brennan	Letterkenny A.C.	32.05
2	1	Pauric	Mc Kinney	Letterkenny A.C.	32.28
3	861	Kieran	Doherty	Letterkenny A.C.	32.54
4	46	Ivan	Toner	Letterkenny A.C.	34.27
5	577	Ciaran	Bannon	Letterkenny A.C.	35.38
6	359	Ernie	Ramsey	Individual	35.44
7	47	Kieran	Toner	Letterkenny A.C.	35.46
8	282	Paul	Mc Glinchey	Letterkenny A.C.	35.50
9	491	Hugh	Duffy	Cranford AC	36.47
10	204	Hugh	Gallagher	Finn Valley A.C.	36.50
11	214	Sean	Mc Gettigan	Finn Valley A.C.	37.44
12	755	Conor	Mc Cullagh	Individual	37.57
13	732	Cian	Friel	Individual	38.17
14	778	Dermott	Logue	Individual	38.24
15	89	Barry	Meehan	Letterkenny A.C.	38.28
16	8	Gavin	Crawford	Letterkenny A.C.	38.30
17	774	Paul	Cullen	24/7 Triathlon Club	38.37
18	482	Dan	Kirwan	Individual	38.48
19	704	Darryl	Mullarkey	Individual	38.50
20	792	Mark	Daly	Individual	38.54
21	859	Shane	Doherty	Inishowen AC	39.01
22	550	Karl	Duggan	Individual	39.05
23	151	Martin	Mc Crossan	Individual	39.09
24	74	Daragh	Crossan	Individual	39.14
25	703	Gavin	Malrakey	Individual	39.29
26	701	Hugo	Duggan	Individual	39.41
27	349	Noel	Diver	Individual	39.46
28	486	Ciaran	Gallagher	Individual	39.53
29	119	Derek	Gillespie	Individual	39.57
30	766	Shane	Mc Nulty	Individual	40.01
31	764	Comor	Clerkin	Individual	40.08
32	126	Peter	Kardos	Individual	40.14
33	964	Dermott	Mc Elchar	Individual	40.15
34	464	Kieran	Mc Monagle	Individual	40.50
35	336	David	Maloney	Individual	40.50
36	709	Vinny	Hegarty	Inishowen AC	40.53
37	283	Gregroy	Campbell	Letterkenny A.C.	40.57
38	217	Paul	Mailey	Finn Valley A.C.	41.12
39	94	Stephen	Fowley	Individual	41.18
40	420	Michael	Burke	Individual	41.18
41	30	Terence	Boyle	Individual	41.21
42	66	Aiden	Higgins	Individual	41.28
43	392	Gary	Gillespie	Individual	41.38
44	763	Paul	Doherty	24/7 Triathlon Club	41.49
45	125	Niall	Heffernan	24/7 Triathlon Club	42.00
46	858	Padraig	Friel	Individual	42.03
47	73	Conor	Boyce	Individual	42.10
48	594	Bernard	Mc Glinchey	Individual	42.17
49	28	Frankie	Mac Fhionnghaill	Individual	42.20

<b>Categor</b>	<b>No.</b>	<b>FirstName</b>	<b>Surname</b>	<b>Club</b>	<b>Time</b>
	50	407 Mark	Canning	Individual	42.36
	51	866 Seamus	Sweeney	Individual	42.40
	52	79 Ronan	Gildea	Individual	42.45
	53	547 Michael	Mc Guire	Individual	42.47
	54	435 Patrick	Mc Laughlin	Inishowen AC	43.00
	55	78 John	Fox	Individual	43.10
	56	385 Maurice	Sharkey	Individual	43.11
	57	356 Colm	Mc Elwaine	Individual	43.14
	58	256 Dean	Sweeney	Individual	43.16
	59	947 Mark	Gibson	Letterkenny A.C.	43.16
	60	232 Paul	Gallagher	Individual	43.30
	61	473 Stephen	Burns	Individual	43.37
	62	748 Patrick	Mc Glynn	Finn Valley A.C.	43.37
	63	579 Martin	Wallace	Individual	43.41
	64	403 Aaron	Barnett	Individual	43.43
	65	737 Daniel	Furey	Sligo A C	44.03
	66	546 Dermott	Mc Feeley	Individual	44.26
	67	254 Kevin	Harkin	Individual	44.28
	68	788 Henry	Mc Kinney	Individual	44.29
	69	787 Michael	Porter	Individual	44.31
	70	517 Wesley	Mc Cromack	Individual	44.42
	71	772 John	Mc Elwaine	Lifford AC	44.56
	72	902 Richard	Mc Carronn	Individual	44.59
	73	376 Vinny	Gallagher	Lifford AC	45.04
<b>SW</b>					
	74	208 Teresa	Mc Gloin	Finn Valley A.C.	36.30
	75	212 Caitriona	Mc Granaghan	Finn Valley A.C.	37.52
	76	4 Helena	Crossan	Inishowen AC	38.37
	77	265 Fionnuala	Diver	Letterkenny A.C.	40.59
	78	854 Noreen	Mc Gettigan	Letterkenny A.C.	41.10
	79	213 Cliodhna	Dunne	Finn Valley A.C.	41.20
	80	557 Catherine	Brogan	Finn Valley A.C.	41.57
	81	366 Evelyn	Mc Ginley	Inishowen AC	42.30
	82	211 Mary	Connolly	Finn Valley A.C.	42.32
	83	194 Fiona	Stack	Individual	43.11
	84	339 Bridget	Moohan	Inishowen AC	43.40
	85	123 Maura	Kearns	Individual	44.43
<b>JM</b>					
	86	479 Aaron	Diver	Individual	41.07
	87	553 Matthew	Doherty	Individual	42.12
	88	855 Conor	Brogan	Individual	44.54
<b>M35+</b>					
	89	58 Jonathon	Patton	Letterkenny A.C.	34.43
	90	494 James	Brown	Inishowen AC	34.45
	91	585 Brian	Thursby	Letterkenny A.C.	35.29
	92	7 Paul	Ward	Tír Chonail AC	35.33
	93	468 Colin	Mc Nulty	Finn Valley A.C.	35.59
	94	367 Christian	Mc Ginley	Inishowen AC	38.08
	95	432 Aidan	Mc Kenna	Letterkenny A.C.	38.18
	96	355 Marcus	Mc Clintock	Letterkenny A.C.	38.38
	97	277 Pauric	Kelly	Letterkenny A.C.	38.52
	98	384 Jude	O Donnell	Individual	39.16
	99	567 Cieran	Graham	Individual	39.48
	100	382 Paddy	Harkin	Individual	39.51
	101	230 Freddie	Mc Bride	Na Dunaibh CLG	40.09

<b>Categor</b>	<b>No.FirstName</b>	<b>Surname</b>	<b>Club</b>	<b>Time</b>
102	370 Pat	Gallagher	Inishowen AC	41.05
103	358 Benny	Mullan	Individual	41.17
104	98 Pat	Bonner	Individual	41.53
105	307 Seamus	Greene	Individual	42.10
106	471 Frankie	Levelle	Inishowen AC	42.22
107	290 Joseph	Gallagher	Individual	42.29
108	35 Gerard	Mullan	Individual	42.59
109	487 Peter	Toursih	Individual	43.36
110	326 Jim	Toye	Individual	43.57
111	225 Clyde	Mc Crabbe	Maidenhead AC	44.10
112	309 Shaun	Crossan	Letterkenny A.C.	44.17
113	753 Paul	Johnston	Individual	44.49
114	69 Dan	O Connor	Individual	45.03
<b>M40+</b>				
115	423 Charlie	Gallagher	Individual	35.19
116	713 Joe	Mc Kinney	Inishowen AC	35.31
117	118 Vincent	Mc Quaid	Individual	36.01
118	6 Martin	Gormley	Letterkenny A.C.	36.21
119	330 David	Wright	Individual	37.54
120	777 Finbar	Gallagher	Inishowen AC	38.00
121	57 Kevin	Mc Devitt	Individual	38.14
122	742 PJ	Boyce	Cranford AC	38.52
123	287 Ciaran	O' Donnell	Letterkenny A.C.	39.20
124	215 Kieran	Kelly	Finn Valley A.C.	39.53
125	396 Seamus	Ferry	Individual	40.10
126	390 Brendan	Cole	Individual	41.14
127	776 Gerard	Mc Elhinney	Individual	41.43
128	111 Carl	Partis	Individual	41.46
129	345 Garvan	Mc Closkey	Letterkenny A.C.	42.13
130	219 Andy	Scanlan	Finn Valley A.C.	42.15
131	329 Paul	Cosgrove	Letterkenny A.C.	42.29
132	530 Michael	Collins	Inishowen AC	42.30
133	368 Michael	Donaghey	Inishowen AC	42.32
134	389 Tom	Kelly	Cranford AC	42.46
135	506 Joe	Hegarty	Individual	43.08
136	216 Pat	Hegarty	Finn Valley A.C.	43.10
137	596 Joe	Pewtner	Foyle Valley A.C.	43.18
138	234 Gabrial	Mc Crossan	Letterkenny A.C.	43.20
139	56 Paul	Harris	Letterkenny A.C.	43.31
140	12 Noel	Lynch	Letterkenny A.C.	43.38
141	741 John	Carton	Foyle Valley A.C.	44.03
142	474 Mark	Logue	Individual	44.11
143	174 Adrian	Mc Alary	Individual	44.19
144	406 Darren	Beecroft	Individual	44.35
145	716 Arthur	Devlin	Individual	44.36
146	466 Paul	Ferns	Inishowen AC	44.36
147	377 James	Mc Laughlin	Individual	44.42
148	583 Shaun	Cassidy	Tír Chonaill AC	44.52
149	53 Terry	Mc Eniff	Letterkenny A.C.	45.02
<b>M50+</b>				
150	556 Sammy	Mc Ananey	City Of Derry	36.27
151	712 Paddy	Doherty	Inishowen AC	38.29
152	595 Peter	Lilburn	City Of Derry	38.55
153	34 John	Molloy	Individual	39.45
154	45 Kevin	Tones	Letterkenny A.C.	40.35

<b>Categor</b>	<b>No.FirstName</b>	<b>Surname</b>	<b>Club</b>	<b>Time</b>
155	391 Shaun	Mc Menamin	Inishowen AC	41.23
156	55 Gerard	Ryan	Letterkenny A.C.	41.42
157	36 Richard	Raymond	Letterkenny A.C.	42.37
158	394 Seamus	Gallagher	Letterkenny A.C.	42.53
159	218 Seamus	Curran	Individual	43.19
160	515 Peter	Mc Kinnet	Inishowen AC	43.33
161	421 Paddy	Donoghue	Tír Chonaill AC	43.50
162	593 John	Baxter	Individual	44.00
<b>W35+</b>				
163	276 Margaret	Kelly	Letterkenny A.C.	41.42
164	496 Elizabeth	Mc Daid	Inishowen AC	43.55
<b>W40+</b>				
165	450 Donna	Evans	Monaghan Phoenix	39.43
166	467 Laura	Flynn	Rathfarnham WSAF A C	41.56
167	759 Teresa	Doherty	Inishowen AC	41.56
168	210 Mary	Hippsey	Individual	44.37
<b>W45+</b>				
169	209 Kay	Byrne	Finn Valley A.C.	39.18
170	493 Marie	Rooney	Tír Chonaill AC	43.22